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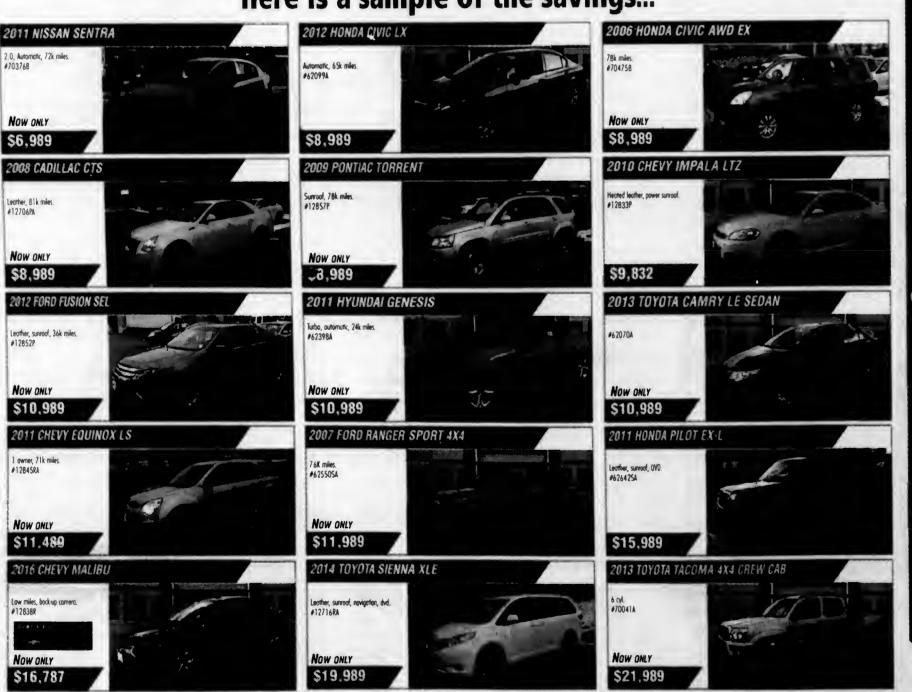
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SPECIAL SECTION HEALTHY LIVING SEE INSIDE



RIALISIAII TIFFANY HILL **ESTATES COMMUNITY CLASSIFIEDS** 

# COHASSET MARINER

Friday, January 27, 2017

Cohasset.WickedLocal.com

Vol. 39, No. 6 ■ \$2

WHAT'S INSIDE

# Long road to traffic signalization

By Amanda C. Thompson thompson@wickedlocal.com

set and they'll tell you that likely have to wait until Brewer.

That doesn't mean it'll "They probably won't put

never happen. The inter- it in until they see how it section does meet several shakes out when the projcriteria for meriting sig- ect is done," said Planning Ask anyone in Cohas- nalization. But drivers will Board Chairman Clark the intersection of 3A and after the self-storage facility Brewer said the Town has

King Street by Scituate Hill on Scituate Hill is complete been putting in requests to is one of the worst in town. and traffic is using the sub- MassDOT once or twice a But you'll get no such condivision road to access the year for some time now. sensus from MassDOT, and various businesses and He doesn't think the new since 3A is a state highway, offices on the hill, includ- development will tip the they're the ones who make ing the medical building, scales in favor of a traffic the call about whether the the Brass Kettle building, light, though. If the state intersection needs a traffic Crocker Road, and the stor- decides in favor, it'll be age facility.

Ted Carr, former Cohasset selectman and one of the organizers of the Boston march, on stage with his wife

Cohasset citizens join Women's March

Many would like to see a traffic signal at the intersec tion of 3A and King Street, but the decision lies with MassDOT, since 3A is a state highway. IMAGE FROM GOOGLE SEE TRAFFIC, A9

**FINANCES** 

**Budget** 

season

By Amanda C. Thompson

athompson@wickedlocal.com

Selectmen took a first

look at the budget for fiscal 2018. Town Manager Chris Senior was pleased to announce on Tuesday,

Jan. 24 that there would be room in the budget to hire a planner to support what

selectmen said was their top goal this year: to "re-energize Town planning."

They started out strong by creating the Master Plan Steering Committee, Long

Range Planning Group,

and Affordable Housing Steering Committee. But

there is only so much that volunteer government can accomplish. A dedicated

planner could help move

the town more efficiently

A planner would work

toward priorities such as

affordable housing, open

space, the harbor, the 3A

corridor, and a review of

zoning bylaws that have

allowed undesirable con-

struction to be approved

along Cohasset's coastline

and in other sensitive areas.

A planner would also

SEE BUDGET, A12

toward its goals.

Town planner

cost covered

LOCAL CONNECTION



SHELTER

SPORTS, B1



CYCLING

COLUMN, A10

**CONFESSIONS OF** A DUMP JUNKIE

COMING IN PRINT PHOTOS: Eyes on Owls

INDEX Police Beat Citizen of Year form blice/fire log.

The COHASSET MARINER (USPS 455-390) is published weekly Friday by GateHouse Media, 254 Second Ave, Needham MA 02494. Periodical postage paid at Boston and additional mailing office. Annual subscriptions: \$70 in-town, \$91 out-ofown An additional one time activation fee of \$4 95 applies. Call circulation department subscribe or report delivery problems.

POSTMASTER: Send change of address

New 143tv show gets rolling

SEE MARCH, A4

month on "Insights with is a questionnaire. She has a est angle. Claudia," a new talk show living room approach to her "I love talking to people Russell originally planned on 143tv hosted by resident dialogue."

By Amanda C. Thompson

athompson@wickedlocal.com

By Amanda C. Thompson

athompson@wickedlocal.com

rights, and justice.

LOCAL MEDIA

really taken the angle heide, in December. Though try to keep it objective and 30-minute mark, Russell Producer Don Roine. "We chase of the harbor estate voice, but I don't want to be

Tanya and daughters CC (left) and Chloe (right).

ohasset "grabbed back" at the Boston Women's March for America. On Jan.

ington, D.C. and even as far as Los Angeles to

make a statement for women's rights, human

sent people to the marches. Close to 200,000

people attended the one in Boston: the largest

Cohasset, of course, wasn't the only town that

21, dozens of locals turned out to the

event, while others traveled to Wash-

Claudia Russell. The words Russell filmed and aired said Russell. "There's ques- but once the conversation "talk show," however, don't quite do it justice.

"I don't think anybody's her first episode, an hour-long dialogue with Red Lion and already state and the said thussell. There squess but once the conversation got going, it became clear wanted answers to that I made sure to ask. But I going to be enough. At the

have political sit down talk shows. This is coming in as lines, Russell didn't take a more conversational way a news approach, instead Cameras rolled last of interviewing more than it opting for the human inter-

MISSION STATEMENT

On Jan. 21, 2017, we will unite in Boston to march in

intolerance and acts of violence being perpetrated

throughout the nation — among many are communi-

identify as LGBTOIA and people with disabilities. We

stand for religious freedom, human rights, climate jus-

tice, racial justice, economic justice and reproductive

justice. Together, we will send a message to our leaders

and the world that the United States of America stands

for values of human dignity, equal rights and freedom

ties of women, immigrants, people of color, people who

solidarity with communities most affected by the hate,

from discrimination.

to people and learning about people.' Claudia Russell.

"Insights with Claudia"

"I love talking

perceived as taking sides." and learning about people," for a half-hour episode,

SEE 143TV. A9

Claudia Russell is the host

she's taken," said 143tv Ordelheide's recent purfair. I'm only getting one felt the conversation was of 143tv's newest show, "Insights with Claudia."

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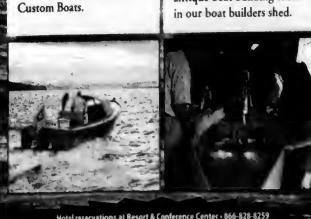
**Conference Center** 35 Scudder Ave, Hyannis, MA 02601

Cape Cod **Maritime Museum** 135 South Street, Hyannis, MA 02601

www.boatcapecod.org www.capecodmaritimemuseum.org

**Boat Builders** Come view the selection of unique Custom Built Boats and talk directly with the Builders of these affordable

Cape Cod Maritime Museum Fascinating place to view the history of Cape Cod Boat Building, see Ship Models, figure heads, and antique boat building tools in our boat builders shed.



**DON'T MISS OUR** 

**HEALTHY LIVING SECTION** 

Inside Today's Paper

If you're looking to make

some lifestyle changes this year,

check out our Healthy Living

section for the latest on how

to improve your health and

wellness - with focus on fitness

nutrition and much more.

WICKED LOCAL

Anna and Skye

Skye Mitterando Occupation: A: Student/ Singer-Songwriter. S:

PICTURE THIS

Student/Singer. Best day of your life: A: Filming my first music video!

6: Meeting Pentatonix.

Name: Anna Cunnie and

Best vacation: A: Going to Los Angeles with my family S: Going to Colorado with

Favorite season: A: Summer. S: Fall.

Favorite Holiday: A: Christmas. S: Halloween.

Favorite snack or junk food: A: Apples and Popcorn. S: I don't eat junk food it makes me sick.

Best book: A: "The Hunger Games." S: "More Than This" by Patrick Ness or "Symptoms of Being Human" by Jeff Garvin.

Best movie or actor: A: Selena Gomez and Jennifer Lawrence. S: Imitation Game, what a masterpiece

Best TV Show: A: Young and Hungry. S: Sherlock, what a masterpiece (get it)

Best music, group or

Anna Cunnie (left) and Skye Mitterando often perform at the Ground Leve teen coffeehousel, which just launched at the Cohasset Village Rec Center. Here, Anna and Skye perform at Ground Level's family coffeehouse at Sanctuary Marshfleid. Sanctuary has been hosting the event for two years. WICKED LOCAL STAFF PHOTO BY AMANDA C. THOMPSON

Person you would like to loud and being rude. S: People meet: A: Taylor Swift. S: Well putting their hands in my face. after meeting Mitch Grassi I would love to meet Jack

to just the color red.

lawnmower into a bush.

Fun fact: S: I'm colorblind

Goal: A: To release an EP by this summer and become a performing artist. S: Release my own EP.

Biggest worry: A: To not do well. S: Failure.

Best part of Cohasset: A: The beaches. S: It's very pretty.

DiLillo and Jen Willms. Half

yoga and half meditation.

that you can use any time.

■ Veteran's Services

Hours, Tuesdays, Wednes-

Drop in. \$5.

Learn relaxation techniques

SENIOR SCENE

# Save date for Valentine's Day Luncheon

All events take place at Willcutt Commons, 91 Sohier Street, unless noted. Call for Reservations: 781-383-9112.

**WEEKLY LUNCHES:** 

Tuesdays, Wednesdays, and Thursdays. Reservations are required no less than 24-hours in advance. Delicious Meals provided by local restaurants and Cohasset cooks. Cost: \$3 ■ Tuesday, Jan. 31, Chef

Stuffed Shells ■ Thursday, Feb. 2, Chef Mary Kay: Soup and

**BROWN BAG LUNCH AND** MOVIE, MONDAY, JAN. 30, 11:30. This month's movle: Jo. Betrayal, treachery, the loss of innocence and the scars of love pave the road in this intense emotional and human comedy about becoming a true boss of family and enterprise facing

> Required! \*Excludes gov't fees

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Lunches are served at noon

Carol: Minestrone

■ Wednesday, Feb. 1, Sandwich

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artist: A: Taylor Swift, Cold-

Pet Peeve: A: People chewing

play and Selena Gomez. S:

Pentatonix or gnash.

Most embarrassing

moment: A: Riding my

ASSISTIVE DEVICES FOR HEARING IMPAIRED. TUESDAY, JAN. 31, 1 PM. Mass Commission for the Deaf & Hard of Hearing will demonstrate the benefit from the amplified hearing system available in our center. Open to everyone. Please call ahead to reserve your space.

**LUNCH-N-LEARN WITH** AT HOME HEARING HEALTHCARE, TUESDAY, FEB. 7, 12:00. Michael Schmitt will talk about hearing loss and what can be done about it. He will have information about different hearing aids available. \$3

Lunch reservation 24 hours in advance required. **CAREGIVER PRESENTA-**TION: UNDERSTANDING & RESPONDING TO DEMENTIA-RELATED **BEHAVIORS:** Wednesday, Feb. 8, 10 to 11:30

AM. Behaviors are a form of communication. Learn how to identify, understand and respond to challenging behaviors your loved one may be displaying. Presented by Jennifer Hoadley of the Alzheimer Association. Please let us know you will be attending by calling

781-383-9112. INTERGENERATIONAL **LUNCH WITH DEER HILL** SCHOOL STUDENTS. THURSDAY, FEB. 9, 12:00. Enjoy lunch with Mrs. Moser's 4th grade class along with an activity or entertainment. It's a great way to meet some youngsters and learn from them, as they learn from you! Please plan on joining us! \$3

lunch reservations 24 hours in advance. THE ULTIMATE SELFIE: WRITING YOUR OWN OBITURARY. Mondays, Feb. 13, 27 and March 6, from 10 am to 12 pm. Make sure you are remembered the way you want. Conducted by vet-

eran journalist Chuck Jaffe.

will have an edited obituary of roughly 500-800 words that family and friends can use to capture your life and focus on the things important to you.

sional musicians Dolores

Ofria and Duane Sullivan.

from the 30's, 40's, 50's,

and 60's. Enjoy classics

originally performed by

Frank Sinatra, Rosemary

Clooney, Steve Lawrence

and Eydie Gorme. \$6. Res-

ervations required no later

■ Cohasset Café: Mon-

for coffee, conversation and

fresh baked treats provided

by The Friends of Cohasset

**■** French Conversation:

Mondays, 10 a.m. Looking

to improve your French?

Informal gatherings for

those less-than-expert.

■ Zumba Gold, Fridays,

10 to 11 a.m. Ditch the work

out! Join the party! Zumba

Gold workout incorporates

dance/fitness routines set

to Latin and international

rhythms but is performed

at a lower intensity than

balance. Drop in. \$5.

YOGA CLASSES

DiLillo. Drop in \$5.

DiLillo. Drop in \$5.

■ Yoga/Meditation.

Thursdays 9:30 am. Amy

regular Zumba. Great for

cardio, range of motion and

■ Gentle Yoga: Tuesdays

■ Mary's Yoga: Tuesdays

at 4:30 pm. Instructor, Mary

■ Chair Yoga: Wednes-

days, 1 pm. Instructor, Amy

at 9:30 am. Instructor, Amy

days, 9 to 11 a.m. Drop in

than Friday, February 10,

Regularly

scheduled

activities:

Elder Affairs. \$3.

Drop in.

singing all the old standards

When finished, participants

days and Thursdays, 9:00 am - Noon. **VALENTINE'S DAY LUN-**■ Bridge: Wednesdays, CHEON, TUESDAY, FEB. 14, 1 to 4 p.m., Bring your own 12:00. Celebrate Valentine's Day with us! We'll have a ■ Stretch and Balance wonderful lunch provided by Conditioning, Mondays 2:30 Anna and her angels, with entertainment by profes-

pm-3:30 Low impact class focusing on balance and flexibility. ■ Strength and Conditioning Class Thursdays, 10:30 to 11:30. Follow the instruc tion of an exercise therapist to improve upper and lower body strength, endurance,

and flexibility. \$5 per class. ■ Book Club, Second Friday of the month, 10:00 ■ Knitting: Drop in.

Fridays from 11 to 12:30 pm. Learners welcome. **■** Transportation: Door-to-door van service space permitting, first come first served, to the follow-

ing: (Out of town trips, \$5 Round Trip). ■ Medical Appoint ments: within a 15-mile radius of Cohasset by

■ FISH: Medical rides to out of town appointments in volunteers' cars. Not wheelchair accessible.

Around Town, Route 3A, Mondays, 1 to 3 pm. ■ Shaws, Tuesdays: 1:00

■ Cohasset Train Station, Wednesdays: 9:04 am inbound. 3:08 return. ■ Around Town (Downtown Cohasset),

Thursdays: 9:30 am-10:30 ■ Stop and Shop, Fridays: 9:30 am. ■ Walmart/Hanover

Mall, 2nd Wednesday of the month at 9:30 am. ■ Trader Joes/Marshalls, 2nd Friday of the month: 9:30 am ■ Derby Street Shops,

3rd Friday of the month: ■ Christmas Tree Shop, 4th Friday of the month:

### South Shore Tide Chart **COHASSET HARBOR (WHITE HEAD)**

JAN FEB. 2017		HIGH			LOW						
		AM	HGT.	PM	HGT.	AM	HGT.	PM	HGT.	SUNRISE	SUNSET
Thursday	26	10:03	9.2	10:38	8.2	3:41	0.9	4:17	-0.0	7:02	4:50
Friday	27	10:45	9.5	11:18	8.5	4:24	0.6	4:58	-0.3	7:01	4:51
Saturday	28	11:25	9.7	11:57	8.8	5:06	0.3	5:38	-0.6	7:00	4:52
Sunday	29			12:05	9.8	5:49	0.1	6:18	-0.7	6:59	4:53
Monday	30	12:37	9.0	12:47	9.8	6:32	-0.1	7:00	-0.8	6:58	4:55
Tuesday	31	1:18	9.2	1:31	9.8	7:17	-0.2	7:43	-0.8	6:57	4:56
Wednesday	01	2:01	9.3	2:18	9.6	8:04	-0.2	8:29	-0.6	6:56	4:57
Thursday	02	2:47	9.4	3:09	9.3	8:55	-0.2	9:18	-0.4	6:55	4:59

PLEASE RECYCLE & THIS NEWSPAPER

Friday, January 27, 2017 POLICE BEAT

# Two arrests for operating under the influence

By Mary Ford

**OUI** arrest

A 23-year-old Cohasset woman has been charged with drunken driving following a single-car accident on Friday (Jan. 20) just before midnight.

Police said Sophie N.

Stoker-Long of 177 Atlantic Ave. was traveling south on N. Main Street past the train station when she veered off the road colliding with some white, cement guard posts. Once her wheels left the roadway, her car was sucked onto the soft shoulder where she took down about half a dozen posts, police said. She was not injured but was exhibiting signs and symp-

and had to be towed. Police said Stoker-Long admitted to having been drinking but refused to perform field sobriety tests. Based on police observations at the scene, she was arrested and charged with operating under the influence of alcohol, operating to endanger and failure to

**OUI** arrest

ham at Queen Ann's Corner for operating under the influence of drugs around 8 p.m. on Sunday (Jan. 22) after driving erratically and failing to stop for a police officer. A Hingham officer, who is a drug recognition expert, evaluated Michael C.

influence of drugs. toms of intoxication. The car sustained heavy damage

drive in marked lanes.

A 21-year-old Cohasset man was arrested in Hing-Livingstone of 63 Chittenden Lane at the Hingham Police Station and confirmed he was under the a serious danger if someone falls through the ice.

Earlier that day Livingstone was taken to the hospital after a caller from Dunkin Donuts at Fiori's Gulf on Chief Justice Cushing Highway reported a man there appeared to be under the influence of drugs. He was later released from the hospital. On Thursday morning

(Jan. 19), police talked to Livingstone at his home after a caller reported a white Lexus tailgating and driving erratically on a partial plate. However, police did not see his operation of the car so he was not charged.

A concerned citizen notified police on Monday afternoon (Jan. 16) about two kids skating on the pond off Cushing Road and that the ice had gaps and was not strong enough to support them. When police arrived, the skaters had left. But police warn it has not been cold enough this year, for long enough, for outdoor skating. Even if a pond is shallow, it can pose

**Dumpster fire** 

to a Dumpster fire at a home undergoing renovations on Old Coach Road on Tuesday morning (Jan. 17). There was plywood, plaster, paper bags, saw dust and other construction material in the Dumpster that was set on fire by careless disposal of smoking materials.

Sohier Street and provided

the Walgreen's pharmacy called police on Tuesday (Jan. 17) around 5:35 p.ni. after walking out of the store about two men who were acting aggressively, giving the pharmacist there a hard time. As it turned out the two men, ages 36 and 39, are construction workthe storage facility project off Route 3A and were having a prescription filled.

A concerned customer at

made with good intent.

Fire and police responded

The caller called the fire station directly instead of 9-1-1. Police urge everyone to call 9-1-1 in an emergency because the 9-1-1 call system also provides the location and can save time.

charges. Her car was towed. Smoky oven ers from Virginia in town on the oven. The incident was

Police spoke to the two men

and the prescription was

MV stop/tow An officer observing traffic on North Main Street on Wednesday (Jan. 19) around 7:30 a.m., ran the plate of a 2014 Chevrolet Cruze that showed the registration had been revoked due to cancellation of insur-

owner's license had expired The officer stopped the car on Cedar Street and the owner-operator, a 26-yearold Scituate woman, was issued a criminal summons for operating with revoked

heavy rains, the water

levels were elevated in the

ance and the registered

registration, operating with- Bank of America on Chief out insurance and operating - Justice Cushing Highway. while unlicensed. She will appear in court on those

A house on Nichols Road had to be veutilated after some cooking went awry causing a heavy smoke condition in the home from called in around 10:50 a.m on Wednesday (Jan. 18).

Mirror-mirror valid. Police said the call was

A 65-year-old Cohasset woman reported to police on Saturday (Jan. 21) that while driving on S. Main Street in the village, her 2008 Mercury's passenger side mirror hit the driver's side mirror of a parked and unoccupied 2010 Volvo, damaging that car's mirror.

Money lost

A 46-year-old Cohasset man went to the police station on Saturday (Jan. 21) around 12:50 p.m. to report that he had lost \$9,200 in cash that was in a bank envelope that he had just withdrawn from

DON'T MISS THIS

turned it in.

checked his car and thought he may have dropped it in the bank parking lot. Police said no one has

When he got home, he

could not find the envelope,

Sick raccoon

A resident of Grace Drive notified police on Sunday afternoon (Jan. 22) about a sick raccoon in her yard that had gunk on his eyes and was wobbly. She put a blue container over it and placed a rock on top. The animal control officer went to the home and by the time he arrived, the raccoon had expired. He disposed of the animal. No rabies test was required because the

contact with anyone or a pet.

Harassment

raccoon had not had direct

A 53-year-old Cohasset mother has reported to police that her daughter, who attends Cohasset schools, is being harassed by another student. The School Resource Officer is handling the matter.

WEATHER

# Gusty nor'easter comes and goes

By Amanda C. Thompson athompson@wickedlocal.com

Monday night's storm screamed and beat its chest, but in the end, it was harmless.

DPW director Brian Joyce said there were the usual floodings and fallen branches, "but nothing extraordinary — it was a typical storm scenario." The expected drainage

systems couldn't quite keep

up. Storm surge dashed a lot of water, but even that of the storm was past.

rocks on Atlantic, backhoes further up the watershed. itself.

DON'T MISS THIS

release Feb. 14.

in Hull on Jan. 24. WICKED LOCAL PHOTO

beach rocks onto Atlantic off the street on Tuesday the meadow from an influx Ave. Treat's Pond collected afternoon, after the worst of salt water.

Buttonwood joins kindness campaign

Buttonwood Books and hashtag is \*choosekind. now until Feb. 14, earns

Toys embraces \*choose- Visit choosekind.tumblr. a book for RTR, Road to

kind, a campaign created by com and take the pledge! Responsibility, a non-profit

"Wonder" author R.J. Pala- The goal is to encour- organization that helps

cio, to celebrate the fifth age a kind deed and make to train people with dis-anniversary of the book's kindness an action verb. abilities to be productive

Friends and Fans are a "Kindness Center" at Please call Buttonwood

spreading the word hon- the store. Everyone who at 781-383-2665 or visiit:

oring the event by asking shares their act and posts buttonwoodbooksandtoys.

people everywhere to choose their deed on the Button- com if you need additional

**PUBLIC NOTICE** 

**RIGHT-OF-WAY MAINTENANCE** 

**Treatment Periods** 

Further information may be requested by contacting (during business hours, Mon-Fri from 8:00 am - 4:00 pm):

Mariciaire Rigby, National Grid, 939 Southbridge Street, Worcester, MA 01610.

to be kind. The social media wood kindness tree, from information.

As required by Massachusetts General Law

Chapter 132B, National Grid (New England

Company) hereby gives notice that it intends

to selectively apply herbicides along specific

Power and/or Massachusetts Electric

transmission line rights-of-way In 2017.

the context of an Integrated Vegetation

components. In right-of-way vegetation

(primarily tail growing) that will cause

and maintain natural controls.

The selective use of herbicides to manage

Management (IVM) program consisting of

mechanical, chemical, natural and cultural

management the pest or target is vegetation

outages and safety Issues. National Grid's

VM program encourages natural controls by promoting low growing plant communities

that resist invasion by target vegetation. The

January 30, 2017 - May 31, 2017

selective use of herbicides and mechanical controls are the direct techniques used to control target vegetation and help establish

vegetation along rights-of-way is done within

Buttonwood has set up members of our society.

Rodeo, and possibly one of the following

herbicides, Arsenal or Arsenal Powerline, will

be applied directly to the surface of stumps

Immediately after target vegetation is cut (Cut

Stump Treatment). Garlon 4 or Garlon 4 Ultra

target vegetation using hand-held equipment (Basal Treatment). Krenite S or Rodeo, mixed

will be applied selectively to the stems of

with Escort XP, and one of the following

nerbicides, Arsenal or Arsenal Powerline, or

Milestone will be applied selectively to the

follage of target vegetation using hand-held equipment (Follar Treatment). Applications

efore nor conclude more than ten days after

shall not commence more than ten days

the following treatment periods.

Municipalities that have rights-of-way

scheduled for herbicide treatments in 2017:

October 15, 2017 - December 31, 2017

didn't catch the town off DPW activated the storm tored the construction mode on the tidal gate in site at Bound Brook Dam Joyce said they'd dug the harbor, allowing Jacob's throughout the night and out parts of Treat's Pond to Meadow to drain rather there were no issues with reduce the water level during than building up extra the coffer dam, the tempoevents like this. As for the runoff from Sanctuary Pond rary roadway, or the project

were at work pushing them The tidal gate also protects However, due to the

its wake. Joyce said it would take a couple of days for the water to subside.

A contractor moni-

area. A pump and hose were installed to help mitigate the flooding. A ramp was placed over the hose to help vehicles pass. The Town of Cohasset notified residents on Wednesday to expect delays over the next few days. All told, Cohasset was well prepared to weather

set resident who would adults and children with all a trained Service Dog?

in our community. live an enjoyable, more mailing address to info@ normal life! Service Dogs cohassetworkingdog.org.

assistance dog for someone

for assistance dog Do you know of a Cohas- can provide assistance to

benefit from the support of sorts of disabilities, including those who have vision The Cohasset Workaing or hearing impairments, Dog Foundation has a grant mobility impairments, available to help fund the autism, T1D, seizures and purchase and training of an more.

Grant available

Grant applications are available now and will be Trained service dogs accepted until March 1, can enable people with 2017. For an application all kinds of disabilities to please send name and



Allergies? Headaches? **Excess Dust?** 



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# MARCH

From Page A1

event of its kind ever to take place on the Common. Nationwide, roughly five million people participated. Globally, 700 marches took place on seven continents.

But Cohasset gets a little extra street cred for having an organizer in its ranks: The Boston march was coordinated in part by former

Cohasset selectman Ted Carr. Boston, too, saw a bigger As organizer and stage manturnout than expected, and another 20 or 30 thousand ager, Carr worked with other would have put it over the planners across the country and with the City of Boston top. The tight geography of the city made it even to ensure a successful event. more challenging. But in "It was an honor to be one of the organizers and play the end, organizers were a small role for the Boston able to extend the march

route so that everyone could Woman's March," Carr said. "It was especially wonderful participate. The massive turnout to have my daughters want wasn't just inspiring; it bodes to be involved; they worked well for ongoing peaceful diswith me backstage getting sent and activism. After the performing artists to and march, Carr said, "This is not from the stage, and they got to march on this historic day." the end. It's the beginning. It's an exciting time for the

organization."

Follow Amanda on

MarinerAmandaT

Twitter for updates: @

Carr's sixth-grade daughter CC commented, "With all the bad things going on in the world today, you come to a place like this and see all the love and happiness and wonder where this has been all your life."

daughter, Caroline, next to her.

CC wasn't the only one inspired by the march. See related story for thoughts from other Cohasset protesters.

Mae Carpenter Boston was one of the "I was struck by how important it only cities that pulled off is that we stand up and make our its march almost exactly voices heard; not only for ourselves as planned (minus a few and our families, but especially for technical delays). Across the the people who have been protesting and marching for decades. We are so country, cities were so immdated that they had to cancel proud that the march in Washington was peaceful and that there were no the marching portion of the event and settle for a rally in

"But, let's be honest, the police and government are not threatened by white women. Remember all of the historic images of peaceful marches that have been met with tear gas, fire hoses, and batons. There are not many white faces in those pictures. "This is why it is crucial that we keep showing up. That we remind the media and the world that America is a diverse and beautiful nation and that we stand together. It took far too long for us to show up. Now we need to stay in it. The March was just the

Katie Holden "Being surrounded by so much united energy and outrage was powerful. When the roar of the 'wave' (similar to stadiums) passed through the Marchers, we got chills. "I hope this peaceful march will inspire others in Cohasset and let

those that ieel scared and fearful

Marchers sound off

tight for equal rights and environmental justice. I hope people will be

### Nicole McKeen

"I am a home birth midwife. I offer full-scale prenatal and postpartum care in my Hingham office and I attend births in the client's home but I am ALWAYS available for the women I serve. And a lot of time that means lam speaking to a prospective client while I'm taking one of [my kids] to baseball practice or I'm excusing myself during dinner because a women is on the other side of the

I am a relatively new midwife,

having just graduated from Birthwise Midwifery School in 2015, thus my daughter, 20, and boys, 14, 13 and 11, were all very aware that mom went back to school to be a midwife. This career choice has also led. I hope and in time, to mindful, accepting young men that are given the gift to see and understand that women are amazing beings that create life with our bodies. But that also being a woman is messy and beautiful and hard and miraculous. And that speaking to, or of, women in a derogatory manner is never acceptable. Ever."

Marlo Nolan

know that they are not alone in their to be a part of the Women's March on Washington. An experience that has left an indelible mark on me. To inspired to show up for the next one." realize that you do not stand alone against hateful rhetoric and discrimi

Friday, January 27, 2017

nation is empowering. "I was heartened to see that so many men joined us. Grandfathers, brothers, sons. We met brave women in their 80's and 90's being pushed in wheelchairs so they could be there to protest. Families with young children and Infants.

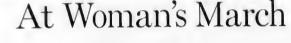
"I felt united as a human being that we could make a difference with this March. That it wasn't about politics. It was about human dignity and the rights we have to all be loved and respected."

### **Cheryl Whetstone**

"Whether you are Republican or Democrat it was an impressive march. We saw several individuals along Beacon Street, Arlington Street, Comm Ave., sporting Trump T-shirts and/or hats and I didn't hear anything of ill-will exchanged between the opposing participants. "There was an incredible vibe. I am grateful that I was able to share the march with my daughter, friends and other young hopefuls in our group who I know will always remember this march. Their passion and energy "What an incredible experience it was



Cohasset resident Anna Nicholas (second from left) and daughters Clementine (far left) and Josephine (far right) attended the Women's March in Washington, D,C, on Sunday, with sister Emily Sonier (center) of Waban and her



Courtesy Photos



Ryan Seuss, four-year-old Cohasset girl and future President, at Boston Common for the Women's March.



(Left to right) Lynn Tetrault (Cohasset), Sue Hess (Cohasset), Mario Noian (Cohasset), Brooke Bartletta (Hingham), and Elaine Heilemann (South End) in Washington,



Mae Carpenter (left) and Katle Holden on the steps of the National Archives in Washington, D.C. during the Women's March.



John McSheffrey and daughter Tyler attended the Boston march with a sign that said, "We are the Herm-



Sally Sisson with her son, Sam, 24. Sam lives in Washington D.C. but grew up in Cohasset and visited for the



Alexa Bieicken, Owen Bleicken, and Sofia Whetstone march with signs in the crowd of nearly 200,000.

Friday, January 27, 2017

APPLAUSE



Town Manager Chris Senior presented the MilA award for risk management to selectmen on Jan. 24. From left to right: Steve Gaumer, Paul Schubert, Kevin McCarthy, Senior, Diane Kennedy, and Jack Keniley. WICKED LOCAL STAFF PHOTO BY

# Worth the risk management

The Town of Cohasset —Stephen Batchel-

demonstrated an expanded der, Director of Claims

By Amanda C. Thompson athompson@wickedlocal.com

risk management focus Operations, and Wendy Cohasset was recognized and a sustained, long-term Gammons, MILA Wellness for its commitment to commitment to risk man- Coordinator, contributed risk management with an agement. Cohasset's safety to this report. award from the Massachu- committee recently focused setts Interlocal Insurance on workers' compensa- Twitter for updates: @ Association (MIIA), pre-tion losses, and has seen MarinerAmandaT sented Jan. 21 during the immediate results includ-Massachusetts Municipal ing enhanced accident Association (MMA) con- investigations and timely ference. This comes on the reporting of claims. heels of an MIIA award The town continues to presented to Cohasset last accommodate modified year for wellness in the duty, creatively at times,

when there is an opporworkplace. MIIA honored 15 member tunity to safely return municipalities for their an employee to work in exemplary efforts to con- some capacity. Cohasset's trol costs and losses, reduce award "Commitment to insurance claims, and pro- Risk Management" was mote cost-saving employee accepted by Chris Senior, wellness measures, during Town Manager. the organization's annual conference in Boston on Jan. 24. The conference was held in conjunction with the MMA Annual Meeting and Trade Show.

"We are proud to honor these member communities who have found creative and innovative ways to manage risk and keep employees safe and well," said Stan Corcoran, **Executive Vice President at** MILA. "Congratulations to them on a successful year. We look forward to continuing to work closely with all of our municipal partners to develop customized programs that help meet risk management and employee health and wellness goals."

In recognition of successful efforts to control municipal costs and enhance employee safety, MIIA awarded 12 municipalities with awards in four different categories. Each of the award winners has excelled at lowering insurance loss ratios by taking advantage of MIIA's rewards incentive program, and working in close part-nership with their MIIA loss control representatives to implement process and safety improvement

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LIFE AT CHS

# What? A senior year without a snow day!

inform the great ■ people of Cohasset that no snow days have been accounted for. Not even a sheer amount of accumulation has been seen on the same day as school. I am beginning to feel disheartened that I may never relish in the blessing that is being a senior and having a snow day. Although these times look bleak and warm weather is again on the horizon, the fortitude of CHS is strong and we will

prevail in these trying times. This week was the one that many students had been dreading, final exams week. Tests, papers, and projects all being due within a short period of time is as synonymous as changing our class schedule. The occasional quiet murmurs of desperation have been heard around the halls with many beginning the realization process of what lies ahead of them, either in college or in their professional career. My piece of advice for underclassmen is this: although AP's are very challenging, there is

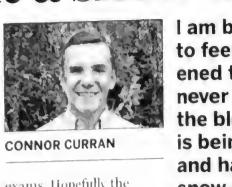
nothing better than seeing

finals while you enjoy the

benefits of being in a year-

long class with no winter

your friends cram for



exams. Hopefully the second half of the year wil be as positive as the first for CHS students as they begin new classes and, later, spring sports.

Winter sports are now

past the half-way point with our Skipper teams making an impact in all facets of athletics. Boys' hockey beat East Bridge water for a second time winning that contest 7-2 and the wrestling team now has a record of 11-5 after defeating Dighton-Rehoboth on Saturday. As always, Cohasset is being competitive and taking it to our neighbors in the only way the Skippers know, full speed and no

let up. Due to the immense rain that we experienced the past few days, our school has shown signs of weathering. What some would call authentic character, many of the students would classify it as leaky roofs. The hallways are now spotted with trashcans that are being utilized to catch the rain

to feel disheartened that I may never relish in the blessing that is being a senior and having a snow day.

that slowly seeps into the building, adding to the learning atmosphere. I actually don't mind this since I do enjoy the soothing sound of trickling water while I take tests

Although it will be difficult knowing there is no football this weekend. those feelings easily fade away due to the fact our god incarnate also known as Tom Brady has again brought this great region of the country to the promise land. Not only can we continue to brag how much better we are to the rest of the country, we actually have sustenance to back up these claims. So as always - show your support to our Skipper teams

-Connor Curran is a senior at Cohasset High School and a regular columnist.

TRUST.

and IN BELICHICK WE

His time "out there" doesn't seem to have had too much of a negative impact on his personality, as he is friendly and engaging. While at the shelter he likes to sit high atop the cabinet in his room and will happily accept any scratches on his head. He gets along with other cats and has a

ing eyes.

GIMME SHELTER

By Joanne Berman

T ake is a handsome 2-year-old tiger with

striking greenish-

yellow eyes. He came to

us recently after spend-

ing his time living in and

around a liquor store in

Dorchester. He is exotic

sleek body and penetrat-

looking with his long,

zen-like personality. Jake will make a great companion if given a chance to have a stable environment in which he can relax and feel at home. Jake is up to date with shots, neutered and ready to settle in to his own forever home. You can learn more our shelter as well as the

have available for adoption by visiting us online at www.hsar.org or by visiting us at 487 Nantasket Ave., Hull. Open hours are Monday nights, 6:30 to 7:30, and Saturdays, 2 to3 p.m. You can also

make an appointment if

these times aren't con-

venient by calling our

adoption coordinator,

other cats and kittens we

Thanks, Tammy!

Hull Ma 02045.

the cats at HSAR.

Restaurant in Hull,

They are sold at Toast

HSAR and on www.kit-

tendales.com. You can

make a tax deductible

donation on our website

at www.hsar.org or mail

to HSAR. P.O. Box 787,

HSAR would like to thank Tammy Hatch for her volunteer service

Jake has a zen-like personality that is sure to win you

over. COURTESY PHOTO Judy, at 781-534-4902.

Jake is cool, calm and collected

Calendars

to have a stable environment in HSAR is a no-kill shelwhich he can ter that relies solely on fundraising events, grants relax and feel at and donations. The year home. Jake is up is still early on so pick up to date with shots, the 2017 Kittendales Calneutered and ready, endar....the gift that keeps to settle in to his on giving! Every penny own forever home goes directly to helping

> at the shelter over the years, and for being a loving foster mom to many homeless kittens in her home, when they were too young to come directly to the shelter. We are all grateful for your

Jake will make a

great companion

if given a chance

–Joanne Berman is a volunteer for Hull Seaside Animal Rescue.



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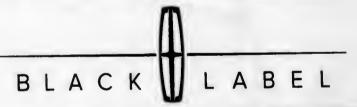
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Ad NHISA

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Friday January 27, 2017

**BUSINESS NOTE** 

# Beer and wine soon for Simply Smith's

By Amanda C. Thompson thompson@wickedlocal.com

Soon diners will be able to order a glass of wine with their prime rib dinner at Cohasset's newly-opened upscale deli, Simply Smith's at 1 Pleasant Street. Selectmen voted on Jan. 24 to approve a license for Simply smith's to offer malt beverages (beer and wine).

Owner and Manager Jean Sullivan went before the board to explain that the deli, which opened the week of Jan. 20, wasn't getting the business it wanted at dinnertime because it was only able to serve soda and water. Sullivan said she had not

held a liquor license before, but had taken the appropriate classes and hired three TIPS-certified wait staff, so there will always be someone on site who knows the regulations inside and out. via table service; there is no wine to accompany their to the community." She added that wine and bar.

Jean Suilivan, owner and manager of Simply Smith's at One Pleasant, and partner Greg Smith have opened their new upscale deli in Cohasset Village. WICKED LOCAL STAFF

"People like a glass of livan, "It would bring more "We want our businesses to take anywhere from 30 to 90 Mariner Amanda T

go before the Alcoholic Beverages Control Commission -Follow Amanda on prime rib dinner," said Sul- The board was on her side. for final approval, which can Twitter for updates: @

man Kevin McCartliv.

But just because there's no At the same time, he had wine yet doesn't mean diners words of caution and urged—can't stop in for a good meal! Sullivan to study the license's Simply Smith's is an

ne print carefully. "Not to upscale, yet affordable, olddire, but we take this very fashioned dine-in deli service. seriously," McCarthy said. That means it offers much Although Sullivan said more than just subs and slie's always at the restau-sandwiches. It means serving rant when it's open, the dinner, too. It means having board encouraged lier to wait staff, and a well-trained, ppoint an assistant man- multi-certified one, at that. It ger who could oversee the means having dressings and cense if she couldn't be on—flowers on every table.

the premises - due to illness, The deli is open for lunch or example. Right now, the and dinner, 11 a.m. to 9 p.m., next-in-command is one of during the week. It's open the TIPS-certified waiters. until 10 p.m. on Friday and The board voted unani- Saturday, with breakfast also mously in Sullivan's favor. available Saturday morning That's the second step starting at 8 a.m. Breakfast toward getting the license and lunch are served from approved (the first step 8 a.m. to 3 p.m. on Sunday. a background check, Follow "Simply Smith's which police had already at One Pleasant" for more information and photos of Next, the application will menu items!

nation's blood; teaches skills

that save lives; provides

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aid; and supports military

members and their families.

The Red Cross is a not-for-

profit organization that

depends on volunteers and

the generosity of the Ameri-

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# Blood drive at Second Congregational Church

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■ redcrossblood.org;

The American Red Cross this time, donations of all are 17 years of age (16 with Red Cross Blood Drive will England.

hopes the residents of blood types are needed to parental consent in some Cohasset will take some meet the needs of patients states), weigh at least 110 time out of their busy lives in local hospitals as well pounds and are in generally to give the Gift of Life. A as those throughout New good health may be eligi-

tion. It will be hosted at O'Connor at 781-383-1290 requirements. Church of Cohasset, 43 for more information.

to a scheduling conflict. At check-in. Individuals who Blood donors can now follow the instructions on

be held on Friday, Feb. 3rd. Simply visit redcross-school students and other PLEASE NOTE: this blood.org, call 1-800-RED donors 18 years of age and Cohasset Blood Drive will CROSS (1-800-733-2767) younger also have to meet be held at a different loca- or call Kevin or Ann certain height and weight

Highland Avenue, between All blood types are needed life. If you cannot make it to p. Sincerest Thanks to the for patients. A blood donor on Friday, Feb. 3rd you can to arriving at the blood Second Congregational card or driver's license or go on redcrossblood.org for drive. To get started and Church for helping out with two other forms of iden- a sampling of other upcom- learn more, visit redcrossa late change of venue due tification are required at ing blood drives in the area. blood.org/RapidPass and

ble to donate blood. High the Second Congregational to make an appointment or Tell a friend or bring a

friend and give the gift of

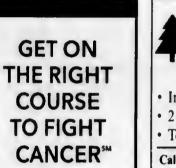
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For an appointment or information: ■ 1-800-RED CROSS (1-800-733-2767) ■ Kevin or Ann O'Connor at 781-383-1290

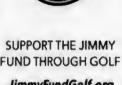
When: From 1:30 to 6:30 p.m., Friday, Feb. 3

Where: Second Congregational Church





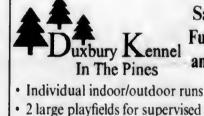




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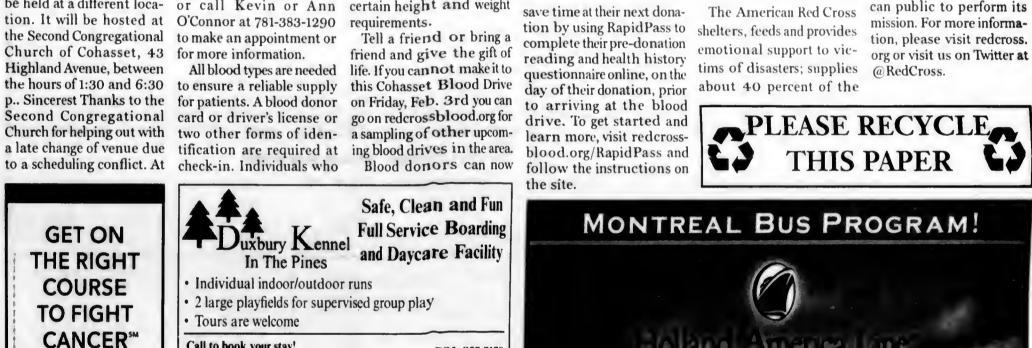
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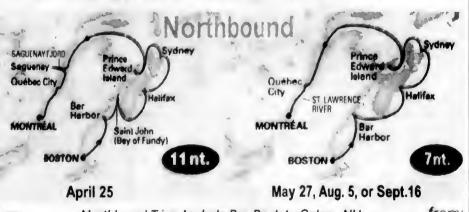
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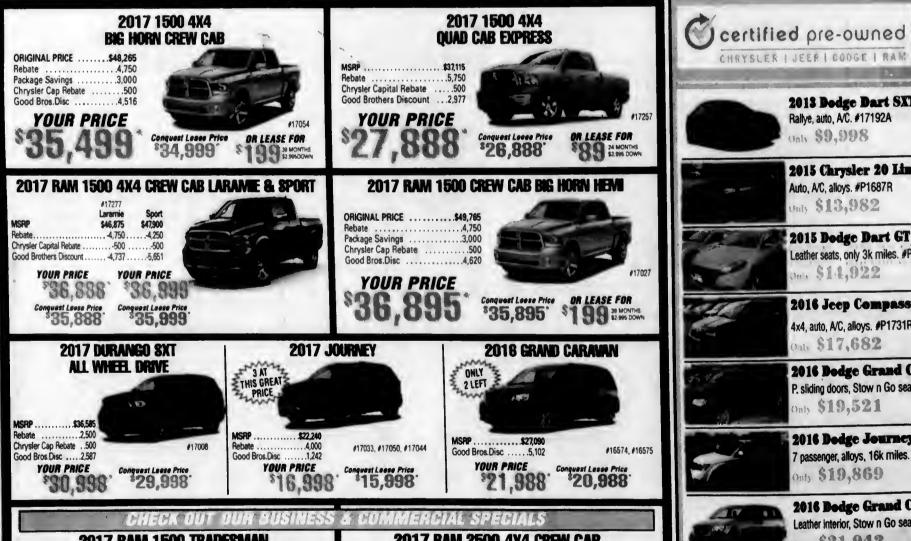


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CHRYSLER I JEER I DOOGE I RAM

Jeep

TRAFFIC From Page A1

hour coming through the intersection in order to justify a signal. While mostly based on the traffic that volume of traffic is certainly that's already there. passing through at rush hour, it's not The state needs to see

The state needs to see 105 cars per

consistent throughout the day.

may be funded by any com- the intersection of 3A and

bination of the state, the Sohier Street. The corpora-

owner, or available grant bill of about \$1 million.

the southern section of 3A Of course, with Scitu-

To suggest a candidate

105 cars per hour coming through the intersection in order to justify a signal. While that volume of traffic transportation sounds great Stop & Shop learned on paper, but it's not cheap. that the hard way when is certainly passing through at rush hour, it's not con- Complete Streets projects they tried to put a light at sistent throughout the day. But it's close. Close enough that adding a light isn't out town, a developer or land-tion was ready to foot the

"King Street already funding. The state does not But the addition of sidealmost triggers signaliza- automatically foot the bill, walks and bike lanes would tion," said Brewer. "We're although it's not unheard of. have doubled the price to \$2 to the trigger means that we posal was developed for abandoned.

A Complete Streets promillion, and the plan was abandoned. close to it. But being close may not be there."

If it does decide to install where the state highway ate Hill's proximity to the a light, then the state will intersects with Beech- commuter rail station, it's require the town to follow wood Street, and the state possible that Cohasset will planned to fund the whole decide it does want the Complete Streets protocol, which requires the incluthing. But while the plan whole package - bike lanes sion of sidewalks and bike may have helped matters at would enable commuters lanes on both sides of the the dangerous and widely- to ride to the train instead hated intersection, with the of driving. Sidewalks and Complete Streets is absence of foot traffic in that bike lanes were popular

a transportation policy part of town, it didn't make requests during the Master and design approach that sense for the community. Plan brainstorming sessions requires streets to be Complete Streets does and survey phase. planned, designed, oper- not allow towns to install The Scituate Hill develated, and maintained to a sidewalk on just one side oper is putting together an enable safe, convenient of the street, or bike lanes application for MassDOT and comfortable travel and only, or a traffic signal with- and expects an update access for users of all ages out the other elements. sometime in the spring. and abilities regardless of If a town doesn't want their mode of transporta- the whole package, then Follow Amanda on tion. It has been adopted in the program has nothing Twitter for updates: @ more than half of U.S. states to offer, since the idea is Mariner Amanda T and parts of Canada.

**143TV** 

From Page A1

Encouraging multi-modal transportation. interested, getting involved said Russell, who is Hiswith the local cable access channel is a great way to little diversity on the local learn about TV produc- TV channel. They have a

to facilitate multi-modal

just getting going. tion, or a fun way to apply Talking on TV for an hour skills you may not have used trying. If I can help, that might sound daunting to in a while. Reach out via would be great." most people. For Russell, 143tvinfo@gmail.com. though, it felt natural. She Russell hopes to create at for "Insights with Claudia," has been a public speaker least one episode per month email claudiarussell23@ and presenter, so she this year. For now, though, gmail.com. Look for already felt comfortable "Insights with Claudia" is Russell's in-depth, behindon camera, and as a chatty just a hobby; Russell has a the-scenes interview with person, she had no trouble full-time job and commutes Gerd Ordelheide in the scraping together enough three hours, round trip, to weekly rotation on 143tv, questions to keep the disget there. Plus she's got a or expect to find it archived high-schooler and two col- on the 143ty website next

"As a first-timer, she's lege students! done very well," Roine As her kids grow up, though, Russell finds herself Follow Amanda on

Russell said she has with more time to pursue Twitter for updates: @ always wanted to have a TV something like "Insights." MarinerAmandaT show. It was on her bucket Someday she'd love to make list, along with writing a it a weekly show with its book. But it was actually very own time slot, maybe her daughter, a Cohasset featuring folks from other High School sophomore towns on the South Shore. and video camera operator Her featured subject wish for 143tv, who gave her the list includes Linda Sable, a push in the right direction. Cohasset lawyer appointed

Russell called Roine, and to the Massachusetts Juve Roine filled her in on the nile Court; Lilly Sestit various preparations she owner of JJ's; the R would have to make before family; a contact from h the show could come to days as chief procureme fruition. She took an audio officer for the MBTA; hi workshop and learned school Athletic Direct about angles and lighting. Ron Ford; the visiona

Roine provided a crew behind Boston Beer Worl for the first episode, and and many others. 143ty will continue to share "There are so many int resources as they're able. esting people in Cohass But going forward, Rus- even though it's not sell will need to assemble a diverse culturally," Russ crew of her own - one that said. "There are different won't be tied up by the vari-personalities, different jo able schedules of municipal different levels of incor meetings and high school and employment."

"I don't look like yo For anyone who's typical Cohasset perso



Everydey moments can become learning moments. Because learning starts long before school does. So tell stories. Play with the laundry.

# **SAVE THE DATE!**

Saturday, March 4, 2017 8:00am - 12 noon **Hampton Inn / Boston Natick** 

Experience the latest in home trends at Wicked Local U: Home!

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Dean & Derek

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# MAKE YOUR CHOICE FOR

nce upon a time,	
there was a big pile of laundry.	



The pile was made up of all different colors. A mommy decided she would play a game Red! she said to her child, holding up a red shirt. Red! the child said. Mommy put it in the colors pile. Whites went in another pile. Green like a frog! White like ice cream! And so it went. Colors, whites. Colors, whites. And on the very last thing - a bib of blue the child pointed to the colors pile. You should've seen the smile on mommy's face.

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"Citizen C	of The Year Awar
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I believe he/sh	e deserves this award because:
•	
Submitted by:	
Name:	Tel. No
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or email it to mford@wickedlocal.com

Nomination Deadline: Friday, Feb. 17th at 5 p.m.

Inday January 27 201

### QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com

and then changed hands

several times over the

today's Mariner

# Mall towns

OPINION

past 25 years. Last time, we looked that space a story about possible was empty and more future scenarios for the Hanover Mall. We often dilapidated. Derby Street Shopshop there and have pes virtually rose from seen the mall become the ashes of the former abandoned in terms of Hingham Plaza that had retail shops over the past been anchored by Buildseveral years. When both ing 19 and Bradlees, back Dunkin' Donuts and in the day. That plaza also McDonald's move out, slowly died - becoming as they have inside the an evesore right at the Hanover Mall – there is gateway to Hingham. likely a problem.

The future of that mall That site has been tranformed into the Derby and the status of other Street Shoppes and its shopping centers got us to thinking and wonderwide variety of restauing why, some flourish rants, boutiques, chains. a drug store, supermarket while others slowly die. There is no doubt that and more. The only probshopping online has had lem today is that during the holiday season, the an effect on foot trafshopping center is so fic, especially on the big chains, like Macy's. Howpopular that ears trying to enter are backed up in ever, Macy's has a super both directions on Derby online shopping site with great sales and deals on Street and once inside, finding a parking spot shipping. You can also can be a challenge. easily return something South Shore Plaza in purchased online to the Braintree appears to be local Macy's. So in order doing well in spite of to keep up with online online shopping. It seems demand, Macy's may

as though the Plaza has be contributing to the become a substitute for demise of its own brick the absence of the oldand mortar stores. fashioned shopping street We admit to not that used to exist in every knowing what is going town. When we go to the on at Merchant's Row plaza, we get the feeling Mall, also in Hanover, that patrons are there on Route 53 near the for the day that includes Route 123 intersecshopping, eating, people tion. That place is a watching, and just hangvirtual ghost town and it is very sad. We recall when Merchant's Row

The reasons why some shopping centers still thrive while others fail are complex. However, creativity and the ability to adjust quickly to to also have a vibrant res- shopping habits probably has something to do

## Cohasset Mariner

73 South St., Hingham, MA 02043

Questions about news coverage or our Wicked Local website?

Call 781-741-2933 or email cohasset@wickedlocal.com. Amanda Thompson Multimedia Journalist

was new, sophisticated

and really cool. If you

have never been inside.

it resembles a European

taurant at one end that

started as the Barnside

village complete with

Call Amanda at 781-741-2935 or email athompson@wickedlocal.com

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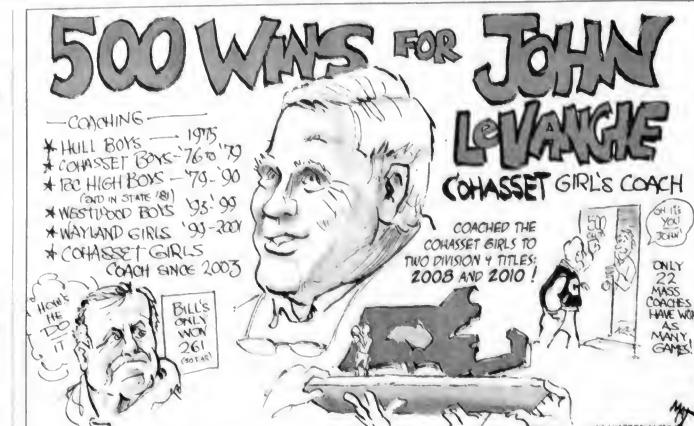
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# Confessions of a real Dump Junkie

risis of confidence on Saturday morning at the Cohasset town dump. Can't really tell if my wine bottles are green or brown. Easy with the Gruner Vetliner, (the name helps). Harder with the Merlot. I don't want to screw up. People are watching. On the other hand, I think I've got the corrugated cardboard vs. other cardboard thing down perfectly. I was not alone at the

dump on Saturday. The lot was packed with terrainconquering vchicles like Range Rovers and SUV's ready to storm the beaches of Normandy or just to take kids to Sandy Beach. I made my weekly contribution to The Boutique (two very nice lamps and an embroidered cushion that I hope make it to a new home), and toyed with yet another dump truck that I might store for my family when they come back next

summer. I love the dump. I'm a dump newbie. We city sissies have single-stream recycling and curbside pick-up. We have trash guys who hang onehanded and perilously near the compactor at the back as the truck goes house-to-house. We just throw stuff out. No one even guesses at the gems

we might have saved. I got my first dump

**LOUISA KASDON** 

sticker ever, and made my first (ever) trip to the dump a few years ago. I loved it and started going multiple times a day just to watch the people coming and going, all day long, tossing blue bags, toting brown sacks full of plastic water bottles. separating cardboard from plain paper in neat stacks.

My mother had passed away and she was a keeper. Not exactly a hoarder. (My that's a whole other thing.) My mom left a large rambling house crammed with underwear (including corsets) to decades of Antiques Magazine, and one whole kitchen cabinet devoted to Chinese food containers. We had a huge disassembled gazebo she

bought at Costco lying crumpled on the lawn, like an elephant carcass. It all went to the dump. Or to The Boutique. At first, I was a little

I did have an excuse. everything from a bureau full of my grandmother's

hazy on dump etiquette. Luckily one of the professionals was always on At first, I was a little hazy on dump etiquette. Luckily one of the professionals was always on hand to correct my flaws.

hand to correct my flaws. Or, an Eagle Scout in the recycling shed who could whisk the wrong sort of plastic out of the air before town. I think The Dump tossed it into the wrong container. Thank god for I met my friend Anthony

at the Dump too, one of the luckiest things that has ever happened to me. He noticed me as a new face, and introduced himself. Anthony: You come here

Anthony: "Like a lot a lot. Like three times a day." Me: "My mother passed away she liked to keep things! Actually she kept everything. I counted 42 tennis racquets strung

Me: "I do."

with cat gut." Anthony: "I can help. I have a truck and I haul stuff away."

Anthony was at my house within an hour. So much good stuff for the dump! Basements! Attic! Garage! Scary towels! A year and one massive winter plumbing flood later, mice can eat off the floor of my garage, or go to the attic for a very sparse

I'm honestly scraping the barrel trash-wise these

days. But I love The Dump because it is the only place in town where I can see who actually lives in this functions as the Cohasset town square on weekends. I see the hugs and conversations. The mothers in yoga pants. The guys with their pick-ups and the people who offer to carry a box or bag for an elder. I see the senior citizens who proudly hold their trash aloft as proof of their healthy New England

I hope the Dump never gets old for me. Or that I

-Louisa Kasdon divides

her life between Cambridge and Cohasset, and wakes up every morning seeking to find the perfect balance between the two. Louisa is the author of over 500 published articles and columns on food, health, and business, and is the CEO and founder of Let's Talk About Food, an organization dedicated to public education and dialogue about our food system. Please write to her at Louisa.Kasdon@gmail.

## LIBRARY KIDS

# Saturday's program is a real hoot!

For more information, contact the Paul Pratt Memorial Library at 781-383-1348 or visit: cohassetlibrary.org.

EYES ON OWLS: Saturday,

Jan., 28th at 2 p.m., "Eyes on Owls", live owl show for ages 4 and up. Join renowned naturalist and owl rehabilitator, Marcia Wilson and Mark Wilson, wildlife photographer, for "Eyes on Owls". They will introduce us to owls found in New England and around the world. You will practice your hooting skills, see live owls close up, and learn what you can do to protect this valuable animal. Do not miss this unique experience. Seating is limited, so come early! Generously funded by the Friends of the Cohasset Library. Ages 4 and up.

### Weekly programs:

Mamasteph, Mondays at 10:30. Generously sponsored by the Friends of the Cohasset Library.

■ LEGO® Club, Monday, Jan, 30th from 4 to 5 p.m., Meeting Room, All ages welcome. All materials provided.

■ Puppet Story Time with Leigh and Friends, Feb. 7 &



21 at 10:30 a.m., Meeting Room, Generously funded by the Friends of the Cohas-

set Library. ■ Storytime with Mrs. Moody, Tuesday, Jan.31 at 10:30 a.m., Meeting Room. ■ Reading Partner with Sophie EVERY TUESDAY

from 4 to 5 p.m. We are

Partner program sponsored by the Cohasset Working Dog Foundation throughout the school year. Sophie, our reading therapy dog, will be here every Tuesday from 4 to 5 p.m. to practice her listening skills. Sign up in the Children's Room upon arrival. For more information go to

1,000 BOOKS BEFORE KINDERGARTEN: Join libraries and families across the nation to complete this challenge. Registration forms and reading logs are located on Mrs. Moody's desk. 1000booksbeforekindergarten.org

Friday, January 27, 2017 LIVING WELL

# Breaking down the Tom Brady diet

lould our diet reso-Tom Brady?

It's hard to ignore the remarkable performance of Tom Brady this year and not question if it has anything to do with his "interesting" diet. Much has been written about Giselle and Tom's dietary approach, which includes aspects of the Mcditerranean diet and excludes eoffee and eaffeine, white sugar, white flour, MSG, dairy, and nightshade vegctables. But is it the holy grail of diets?

Boston Magazine recently took to having professional registered dietitians, as well as a nutrition seientist, faet eheek the basis of Brady's nutritional choices. The results: you can't go wrong eating mostly plant-based foods. But there isn't such agreement about



than three eups a day. As for eliminating nightshade vegetables, no formal research has proven the claim that these may eausc inflam-





eliminating coffee, which has some benefits including heightening mental eapaeity and improving short-term memory. The coffee intake to no more

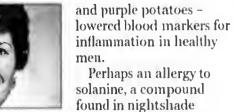






suggestion here is to limit

mation. The Arthritis Foundation even debunks this theory and ealls attention to a study published in the Journal of Nutrition in 2011 that showed two such vegetables - yellow



vegetables, may be the issue for some, however, this sort of allergy is rare. Solaniuc can inerease histamine, which may result in an inflammation in sinuses, eyes and throat eausing nasal congestion, postnasal drip, and itehy, watery eyes. Or, the intestinal traet can become inflamed from histamine as well, eausing eramping, diarrhea, nausea or vomiting. If allergie, thesc symptoms would occur within minutes of eating nightshade vegetables. An

antihistamine can treat

minor allergy symptoms;

digestive symptoms will

the-eounter digestive

By Skip Jenkins

not be alleviated by over-

Dairy is another food group with mixed responses as to whether it's good or bad. The one thing all can agree upon is due to it high prevalence of legitimate intolerance or allergy in people, other calcium rieh foods should be included in the diets

> nated dairy. So is there a holy grail of

of anyone who has elimi-

Dr. David Katz of Yale's Prevention Research Center conducted a review in 2014 of every mainstream diet to compare medical evidence of each diet's elaims. His conelusion? No one "dict" is superior; however, minimizing processed foods, and selecting ones that are "close to nature . . . is decisively associated with health promotion and

disease prevention."

ers near me ridiculed or

taunted him. His voice,

shared silently through a

simple sign, was respected

opposing voices he heard

and saw parade by his

perch. He was the only

explicitly showed support

Listen to your own body and don't be fooled by fads or what works for others. Keep a food diary and note what foods make you feel your best and which your worst.

So, perhaps the best approach is to use good sense when scleeting foods. Listen to your own body and don't be fooled by fads or what works for others. Keep a food diary and note what foods make you feel your best and which your worst. Is there

any correlation between your diet and your aches and pains, upset stomachs, respiratory issues? Work in sync with your doctor; are there imbalances in your blood work that can be countered by your diet? Are you lacking eertain

vitamins or nutrients?

wondered if I would have

had the courage to raise a

of more than a hundred

lone contrary voice in a sea

thousand people. I regret-

ted that I hadn't stopped

March u-turned back up

Street. We were greeted

by the sound of bells from

Arlington Street Church

playing "God Bless Amer-

and sang. It wasn't lost on

that had historically been

MOVIE MATINEE AT THE

daytime movie at the library

on Friday, Feb. 3, at 11 a.m.

are donated by Shaw's of

Cohasset, Call the library for

film information or visit our

website at www.cohassetli-

LIBRARY: Enjoy a free,

me that this was a song

ica." Everyone stopped

Comm Ave and turned

right onto Arlington

and shaken his hand.

In a few blocks the

Pay attention to science proven faets. Plant-based foods are associated with lower risk of chronic

None of the marchers near me ridiculed

or taunted him. His voice, shared silently

diseases and therefore. are cited as the healthi est choices on the menu That said, pouring a heavy cream-laden sauee over some of those veggies may negate that healthy choice!

That's where the good

sense comes in.

-Living Well is a monthly column provided by Joan F. Wright on behalf of the NVNA & Hospice. Wright is a Certified Dementia Practitioner with NVNA and Hospice, a non-profit home healthcare and hospice agency serving over 25 communities on the South Shore from Milton to Plymouth. For informa-

tion call 781-659-2342 or

embraced by the right side

of the country's politi-

cal spectrum and been

rejected by many of those

on the left as too national-

ist. But that didn't matter

now. No one bristled at the

invocation of God's name

sing, "God bless America,

or hesitated to proudly

my home sweet home."

I thought back to the

man with the sign. Maybe

his courage didn't stem

from him entering a sea

of opposing voices. Maybe

his courage was in recog-

nizing our unity and not

our differences. We were

all Americans freely and

opinions. Just then the

chant resumed, "This is

Skip Jenkins lives at 50

Liberty Pole Road.

what Democracy looks like.

peacefully expressing our

visit www.nvna.org.

**HEART SPOKEN** COMMENTARY

# Waiting for an odorous tale to end

t's an odorous tale I'll be telling, one with a seentless, or at least better smelling, ending. My story begins on one of those days sandwiched between autumn and winter, neither hot nor cold outside. I'm standing in my bedroom, debating in my head what to wear

I open up the closet to the right of my bed, the one storing my casual, not too heavy, not too light, wardrobe. A strong, pungent smell hits me so intensely that I step back, slamming the door closed. While my senior eyes don't see quite as well as they used to see, and my senior ears don't hear quite as well as they used to hear, that sense of

smell remains sharp. I'm pretty sure I know the source of my olfactory discomfort. I've smelled it a few times over the years, in my garage and in the mudroom between the garage and my house. There's something rotten, and I'm not talking about Denmark. In a space behind the walls is likely the decaying carcass of a

rodent, probably a mouse. What should I do now? Living alone means handling problems alone, so I go into problem solving mode. First I remove all the clothes hanging across the bar, pants and sweatshirts and sweaters and skirts, dropping them into piles on every available surface. Next I clear the floor of shoeboxes and the top shelf of pocketbooks. I survey the empty space, trying not to gag in the process, and assure myself that the culprit isn't anywhere I can actually get to. That's the good

news and the bad news. After opening all of my windows, I go down to the basement to retrieve a fan, plug it into the socket, and aim it outwards, leaving my closet door fully ajar. I take an unopened box of baking soda from my kitchen, open it, and place it on the top shelf. Last, but not least, I spray an air freshener all over the room, creating a new, but not

terribly pleasant, scent. Then I make my escape, having already planned on spending the day doing errands. When I return, hours later, the situation seems better, and I lower the windows, shut the fan, and close the closet. Big mistake!

While still in bed the next morning, I'm thinking the room is odor free, but that assumption is disproven the moment I crack the closet open. I go on line for more suggestions, and glean one idea, placing a bag of coffee



There's something rotten, and I'm not talking about Denmark. In a space behind the walls is likely the decaying carcass of a rodent. probably a mouse.

grounds in the closet. In case that's not enough, l add packets of lavender to the aromatic bouquet, resulting in an experience similar to being at the perfume counter of a department store. My nose

is not happy. A few days later I'm reading the Sunday paper and come across an article titled "There's a (dead) mouse in the house." The writer, a general contractor, answers questions on home repair issues, and by coincidence, someone has inquired about dealing with the smell of a

dead rodent in the walls. The contractor's assessment is more anxiety provoking for me, warning that it can take months for the animal to decompose, and suggesting that it may be necessary to cut open the wall to locate and remove the remains. He concludes by saying, "If it were me, I'd hire a professional."

Okay, I'll take this last piece of advice, and I phone my local exterminator. After telling my tale of woe, the voice on the other end of the line responds with a resounding, "Absolutely not! We do not recommend cutting open walls. Just wait it out. Usually the smell i gone within a week." So I'm waiting it out, and I'm trying to keep the situation in perspective.

On a scale of one to 10, with one being the least problematic and 10 being the worst, my odorous tale only rates a one, well maybe a two. It's not life threatening or traumatic, and it's not interrupting the course of my days. It's been over a week now, so I could try remov-

ing the baking soda and the coffee and the packets of lavender, and try sniffing out the situation. I could, but I won't, at least not yet. Maybe next

–Diane Snyder is a Hingham resident and regular columnist.

# 'What democracy looks like'

he March through a simple sign, was respected as progressed counter he had respected the opposing voices he clockwise along the heard and saw parade by his perch. perimeter of the Public Garden, heading south on Arlington Street toward hadn't spoken or acknowl- current of the March. I the intersection of Comm edged each other before, Ave where the route would but now we both said the turn west. Much of the exact same thing: "This erowd was emphatically is what democracy looks chanting "This is what Democracy looks like" as None of the march-

as he had respected the ing a Trump sign. He sat quietly, respectfully, resolutely, as if he person I saw that day who was an extension of the stone upon which he sat. Spotting him simultanefor the new President. ously, a stranger and I turned to each other. We

our path led us directly

toward a man sitting atop

a stone fence post on the

streets met. He was hold-

corner where the two

In a moment I was past him, swept along by the LIBRARY CORNER

Save the date for Sunday Author Talk Paul Pratt Memorial Library, 35 Ripley Road, Cohasset. Call 781-383-1348 for more information or visit our website at www.cohassetlibrary.org.

SUNDAY AUTHOR TALK **DATE CHANGE**: Dennis Hale, author of "The Jury

in America: Triumph and

Decline" will give a talk about his book on Sunday, Feb.19, at 4 p.m. A wine & cheese reception and book signing will follow the talk. Free admission. Seating is limited. Sunday Author Talks is sponsored by Dean & Hamilton Realtors, Goodale Insurance, and A Taste for

**DOCUMENTARY FILM** 

**NIGHT:** Documentary film Free admission, Sandwiches

ments are provided.

fans will enjoy a timely film about Cuba on Thursday, Feb. 9, at 7 p.m. The film "Cubanos: Life and Death of a Revolution" takes a unique look at the final moments of the Castro saga and the uncertain future of Cuba. The movie runs 52 min. Free admission. Light refresh-

Wine & Spirits.

# Norfolk County register at Cohasset Elder Affairs

Continuing his efforts to has also initiated an effort registry for a nominal fee of protection tool for homebring the Registry of Deeds to transcribe hard to read \$1 per page plus an addi- owner's as the law provides as guest speaker at Willcutt hard to read documents." for the service."

try, O'Donnell spent time the registry.

providing an update on "Norfolk County residents fication Service, which reach coordinator; and ongoing improvements at have been the recipients of notifies a subscriber each Richard Gibbons, admindirect mail solicitations time a land document is istrative assistant, for their "The ongoing improve- offering them a certified recorded against their name help and generosity in ments at the registry, copy of their deed for an helping to prevent possible allowing us to speak," said including a state of the art exorbitant fee ranging any- fraudulent activity against O'Donnell. "Cohasset Elder computer system and a fully where from \$60 to \$83," an individual's property. Affairs does an outstanding staffed customer service said O'Donnell. "While O'Donnell also spoke about job serving and advocatcenter, have allowed reg- legal, this deed scam is the advantages of the Mas- ing on behalf of the elderly istry staff to work smarter outrageous. If a consumer sachusetts Homestead Act. community of Cohasset."



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directly to the citizens of documents dating from tional \$1 per document for limited protection against Norfolk County, Regis- 1793-1900. This effort will postage, they would never the forced sale of an individter of Deeds William P. result in users being able to agree to pay these compa-ual's primary residence to O'Donnell appeared Jan. 18 better comprehend these nies such an outrageous fee satisfy unsecured debt up to \$500,000," said O'Donnell. O'Donnell also spent time The register discussed "I want to thank Coral

In addition to providing discussing many important the advantages of signing Grande, director of Elder an overview of the regis- consumer issues related to up, free of charge, for the Affairs; Nancy LaFauce, registry's Consumer Noti- assistant director and out-

and more efficiently," said knew they could receive a "The Homestead Act is For information: 781-461-O'Donnell. "The registry copy of their deed from the an important consumer 6101; norfolkdeeds.org.

Friday, January 27, 2017

**BUSINESS NOTE** 

ART CENTER

# TOWN MEETING Warrant rough draft in the works

athompson@wickedlocal.com

Monday, May 1.

tine work on the Aaron River These included amend- Affordable Housing Trust. meeting is scheduled for sales within the town.

Selectmen heard from special permits, and the large in an upcoming edition of the Articles will encompass a the Planning Board about home review process, and Mariner. wide array of topics: whether a number of zoning articles inclusionary zoning, which the treasurer-collector can and referred them back to would require developers Follow Amanda on withhold permits from people Planning to undergo the full to include an Affordable Twitter for updates: @ who don't pay, whether pets review and public hearing Housing component in new MarinerAmandaT

developments or pay into the

dam, private ways, the special ments to definitions in the Acitizens' petition may sur-Cohasset has started com- education stabilization fund, local zoning bylaw (for "resi- face regarding a scenic road piling articles for the Annual and, possibly, a further delay dential gross floor area" and bylaw. Other citizens' peti-Town Meeting Warrant. The of recreational marijuana "family"), adjustments to tions are also in the works. regulations on earth removal, Look for more on this topic



Friday, January 27, 201.

The warrant is starting to come together for the spring Annual Town Meeting. WICKED LOCAL PHOTO

### BUDGET From Page A1

spearhead development of loss ratio fell dramatically and tax policy changes aimed safety building.

not considering any other Interlocal Insurance Associa- Mass Health, a \$117 million additions to the employee tion on training, planning, and increase in education spend-

half of fiscal 2017.

ahead by 9 percent, while the budget. one percent over this time last presented his recommended

up 13 percent from the same budget, boosting state spendperiod last year.

a facilities plan based on between fiscal years 2015 and at responding to modern projected future needs of the 2016, a trend that has the commerce. town. It was another key goal potential to ease future rate Baker's third annual of the board to start taking increases. The Town has been budget represents 4.3 persteps toward the replacement taking advantage of premium cent gross spending growth of Town Hall and the public discounts and plans to further over projected spending for increase discounts by partner- the current fiscal year, includ-Senior said the Town was ing with the Massachusetts ing a \$997 million increase for

The budget presented on Officials are keeping an eye debt service and a \$40 million Jan. 24 gave a bird's eye view on a few less positive trends. increase in unrestricted local based on reports of the first License and permit revenue aid, according to administra-

is off by 16 percent, year-to-tion officials. The general fund and water date, and fee income is down fund are in balance. The Sewer by 6 percent. Both, however, studying Baker's budget Department actually came out are still on target to meet the closely to see what kind of local Water Department gained Governor Charlie Baker municipalities.

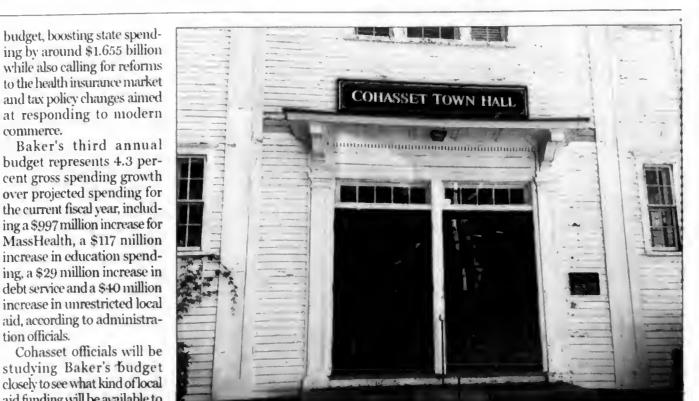
vehicle excise tax revenue is Baker filed a \$40.5 billion

Cohasset's property-casualty while also calling for reforms and workers compensation to the health insurance market

ing, a \$29 million increase in

Cohasset officials will be aid funding will be available to

year with regards to revenue fiscal year 2018 budget on Follow Amanda on from users (including water Jan. 25. According to the Twitter for updates: @ and capital recovery). Motor State House News Service, MarinerAmandaT



Early conversations about the fiscal 2018 budget began on Jan. 24. WICKED LOCAL

# Beacon Hill Roll Call bob@beaconhillrollcall.com

By Bob Katzen Copyright © Beacon Hill Roll Call. All Rights Reserved.

If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.



617-722-2425

Y = Yes; N = No, NV = No Vote (President rarely votes) \* Not every item is voted on by both House and Senate ing on the member's distance from the Statehouse; eliminating legislative per

THE HOUSEAND SENATE. There were no roll calls in the House or Senate diem payments for meals and lodging reimbursements; changing the source and data on which current biennial legislative salary increases and decreases are ast week. Beacon Hill Roll Call has obtained the 2016 official list from the state

treasurer's office of the "per diem" travel, meals and lodging reimbursements collected by the Legislature's 160 state representatives from January 1, 2016 through December 1, 2016. The list reveals that representatives collected a total of \$226,876. Combined with the \$51,725 that the state's 40 senators collected as reported in last week's Beacon Hill Roll Call, the grand total for both branches is

for travel from his place of residence to the Statehouse and return therefrom, while in the performance of his official duties, upon certification to the state treasurer that he was present at the Statehouse." These reimbursements are given to epresentatives above and beyond their regular salaries. The amount of the per diem varies and is based on the city or town in which a

representative resides and its distance from the Statehouse. The Legislature in 2000 approved a law doubling these per diems to the current amounts. The payments range from \$10 per day for legislators who reside in the Greater Boston area to \$90 per day for some Western Massachusetts lawmakers and \$100 per day for those in Nantucket. Representatives who are from areas that are a long distance from Boston's Statehouse most often collect the highest total of annua

Some supporters of the per diems say the system is fair and note the rising costs of travel, food and lodging. They argue many legislators spend a lot of money on travel to the Statehouse and some spend the night in Boston following late sessions. Others say that some legislators accept the per diem but use all revenue they receive to support local nonprofit causes. They say that not taking the perdiem would leave that money in the state's General Fund to be spent on who

knows what. Some opponents argue most private sector and state workers are not paid additional money for commuting. They say the very idea of paying any per diem is outrageous when thousands of workers have lost their jobs and homes, and fund-

ing for important programs has been cut. The 2016 statistics indicate that 87 of the state's 160 representatives have received reimbursements ranging \$60 to \$8,550, while 73 have so far chosen not to request any money. According to the state treasurer's office, a legislator can request to be paid a per diem for any day in the current year and the previous year. Any request for a day prior to that time period will be denied.

The representative who received the most per diem money in 2016 is Rep. Timothy Madden (D-Nantucket) who received \$9,700. The other four representatives who received the most are Reps. William "Smit-Pignatelli (D-Lenox), \$8,550; (Former) Rep. Ellen Story (D-Amherst). \$5,820; Robert Koczera (D-New Bedford), \$5,715; and Patricia Farley-Bouvier

REPRESENTATIVES' 2016 PER DIEMS TOTAL

(D-Pittsfield), \$5,580.

The dollar figure next to the representative's name represents the total amount of per diem money the state paid him or her in 2016. The number in rentheses represents the number of days the representative certified he or she was at the Statehouse during that same period

Representatives who have not requested any per diems have "O days" listed.

a unese legis	lawis didii tad
equest any p	per diems.
80	(O days)
\$0	(O days)
80	(O days)
\$0	(O days)
\$0	(O days)
\$0	(O days)
\$2,938	(113 days)
\$0	(O days)
\$0	(O days)
\$2,592	(144 days)
\$0	(O days)
\$3,384	(94 days)
\$2,160	(48 days)
\$2,818	(156 days)
\$1,600	(160 days)
\$2,520	(56 days)
Was not y	et elected
\$2,088	(58 days)
	equest any p 80 80 80 80 80 80 80 82,938 80 82,592 80 82,592 80 82,818 81,600 82,520 Was not y

HEARING ON PAY RAISE FOR STATEWIDE OFFICEHOLDERS, SEN-ATE PRESIDENT AND HOUSE SPEAKER AND CHANGES TO LEGISLA-FORS' SALARIES AND BENEFITS - The Joint Committee on Ways and Means held a brief one-hour hearing on the two-year-old report of the Special Advisory Commission on the Compensation of Public Officials, created by the Legislature in June 2014. The hearing was convened with less than 72-hours-

The commission recommended pay raises for the state's six constitutional other hikes suggested by the panel include increasing each legislator's annual general expense allowance from \$7,200 to either \$10,000 or \$15,000 depend-

based; and providing a \$65,000 annual housing allowance for the governor. The commission issued its report back in December 2014 but the Legislature

never held a hearing on it. Ira Jackson, Dean of the John W. McCormack Graduate School of Policy and Global Studies at the University of Massachusetts Boston, chaired the group. and a philosophy about public compensation," Jackson said in the report. "We have worked hard [and] conducted our business transparently. While issues

around public compensation are inherently controversial and often contentious, ve believe that these recommendations are fair and balanced and we are proud of what we have accomplished in less than 90 days." Jackson echoed those remarks at last week's hearing. Other members of the nission also spoke in favor of the pay hikes and other changes.

Only Chip Faulkner, Director of Communications for Citizens for Limited Taxation (CLT), testified against the hikes. Faulkner spoke with Beacon Hill Roll

following the hearing.
"Only in the Massachusetts State House could the Joint Committee on Ways and Means suddenly out of nowhere call for a public hearing with less than 72 hours' notice on the day before the Presidential Inauguration - and for what?" asked Faulkner. "For huge raises being proposed for the legislative leadership and constitutional officers. The salary proposals heard today were completely indifferent to what the voters had approved in 1998 and showed complete disdain for the state constitution. I asked 'What part of the constitution don't you

understand? Complete silence followed that question." Faulkner continued, "The state is facing a deficit anticipated to be in the \$500 million to \$600 million range this coming fiscal year starting July 1st. With deficits looming and possible cuts in the budget, huge salary increases now being contemplated for a select few is ludicrous. None of the committee members had any follow-up questions of me following my testimony. This hearing

belonged in the Bizarro World. Our tax dollars at work." The Special Commission concluded that the compensation of the Commonwealth's constitutional officers and legislative leadership is generally outdated and inadequate. "Massachusetts state government is ... a large and complex organization that provides vital services that affect every citizen, and as such it needs to attract talented, publicly spirited and honest individuals from diverse socio-economic and geographic backgrounds to fulfill its mission of serving

The report continued, "Compensation for public officials should be adequate to attract and retain qualified individuals to a public career and ensure that there is not a temptation to betray the public trust.

The panel recommends that the governor's salary be increased by \$33,200, from \$151,800 to \$185,000; the lieutenant governor by \$30,068, from \$134,932 to \$165,000; secretary of state by \$34,738 from \$130,262 to \$165,000; treasurer by \$47,083 from \$127,917 to \$175,000; auditor by \$30,048 from \$134,952 to \$165,000; attorney general by \$44,418 from \$130,582 to \$175,000; and the speaker and senate president by \$79,967 from \$95,033 to

It also recommends that the six constitutional officers and the House speaker and Senate president be prohibited from earning outside income, other than passive income from investments. The panel notes this would preclude the potential for conflicts of interest, and recognize the full-time nature of their duties

The commission also calls for an end to legislative per diems which are travel, meals and lodging reimbursements collected by the legislators. These reimbursements are given to legislators above and beyond their regular salaries. The amount of the per diem varies and is based on the city or town in which a egislator resides and its distance from the Statehouse.

The commission report said that the per diem calculation conforms neither to state nor federal practice and does not require verification in order to receive reimbursement. It noted, "While doing away with the per diem would impose a disproportionate cost on legislators living further away from Boston, the comon believes that the current per diem policy is out-of-date."

While the commission recommends that the per diem should be eliminated, it also suggests that the annual general expense allowance for each legislator should increase from \$7,200 to \$10,000 for members whose districts are within a 50-mile radius of the Statehouse and to \$15,000 for districts located outside of that radius. The most recent increase in office expense was a hike from \$3,600 to \$7,200 in 2000. The office expense is used to support a variety of costs including rent of a district office, contributions to local civic groups and the printing and mailing of newsletters. Legislators are issued a 1099 from the state and are required to report the \$7,200 as income but are not required to submit an

The commission also calls for an annual \$65,000 housing allowance for the governor, noting that Massachusetts is one of only six states that supplies neither a governor's residence nor a housing allowance, even as Boston has the most expensive housing market of any of the state capitals. The commission said, "The burden on a governor from Western Massachusetts or someone with modest

means is obvious and may be a deterrent to seeking office."

Finally, the commission recommends changing the source and data on which current biennial legislative salary increases and decreases are based. In 1998, voters approved by a two-to-one margin a constitutional amendment requiring governors to calculate and announce an increase or decrease in legislative salaries every two years. The specific language requires legislative salaries to be "increased or decreased at the same rate as increases or decreases in the median

.....

Volume 42 -Report No. 3 January 16-20, 2017

(R-Weymouth) 617-722-1646

household income for the commonwealth for the preceding two-year period, as

ascertained by the governor."

The commission concludes that the methods used to make that adjustment vary from governor to governor because each one can decide what formula to use to calculate the median household income. The commission suggests that the formula should be set by state law to provide consistency and transparency and that the same biennial adjustment should apply to the salaries of the gover-nor, the other five constitutional officers, the Senate president and House speak "Our commission has been non-partisan, fact-driven and guided by principles er. The panel said it has researched several options and data sources for calculating the change and recommends using data from the Bureau of Econon Analysis (BEA) that measures the quarterly change in salaries and wages.

Legislators' salaries were increased by \$2,515 for the 2017-2018 legislative ses sion. The current base pay for legislators is \$62,547. That hike came on the heels of a salary freeze for the 2015-2016 legislative session, a \$1,100 pay cut for the 2013-2014 session and a \$306 pay cut for the 2011-2012 session. Prior to 2011 legislators' salaries had been raised every two years since the \$46,410 base pay was first raised under the constitutional amendment in 2001.

The new \$62,547 salary means legislative salaries have been raised \$16,137, or 34.8 percent, since the mandated salary adjustment became part of the state

The commission also used the 2013-2014 salary adjustment as an example t point out the differences between the two formulas. Under the current formula gislators' salaries were cut by 1.8 percent for the 2013-2014 session reducing the base salary of each senator and representative by \$1,100 - from \$61,132 to If the commission's new system of using the BEA was in effect in for the 2013-

2014 legislative session, legislative salaries would have increased by 6.1 percent and raised salaries \$5,278 - from \$61,132 to \$66,410. The complete report can be found on the commission's website: https://www.umb.edu/academics/mgs/special\_projects/masspubliccomp/re

GOV. BAKER SIGNS MORE BILLS INTO LAW - Gov. Charlie Baker signed several bills into law last week including:

PROTECT BICYCLISTS (S 2534) - Prohibits drivers from parking in bike lanes and from placing their vehicle in a manner that would interfere with the safety and passage of bicyclists. Violators would be fined up to \$50.

Supporters say that prior to passage of this new law, cities and towns passe local ordinances addressing this issue and the result is a patchwork of inconsistent rules and enforcement. They note that when drivers park in these lanes the endanger bicyclists who are forced to merge into traffic.

ELECTRIC VEHICLES (H 4781) - Regulates and encourages the use of zero-emission vehicles. The new law prohibits owners of public electric vehicle charging stations from requiring a person to pay for a membership to use the station but allows the stations to charge different prices for members and non-mem-bers. It also allows municipalities to designate parking spaces for use only by zero-emission vehicles and to fine and tow vehicles that violate that rule.

Other provisions require the state to establish regulations for electric vehicle charging for residential and commercial buildings; issue a feasibility study on ification of state-owned vehicles; and conduct a study examining the advisability and feasibility of assessing taxes, surcharges, levies or other assessments to offset projected gas tax revenue loss from the increasing purchase of Supporters say it is past time to regulate these vehicles and offer incentives for drivers to use them. They argue this can reduce U.S. reliance on imported oil, in-

crease energy security and help save the environment. REQUIRE DEFIBRILLATORS IN SCHOOLS (H 4719) - Requires auto matic external defibrillators (AEDs) in all public schools and their athletic events. The new law also mandates that each school have on duty a person who has completed a course on CPR and the use of an AED, It allows a school to get

a hardship waiver if it can't comply with this new law. Another provision protects the operator of the AED from liability other than gross negligence or willful or wanton misconduct when using it on a patient. Supporters say this common-sense requirement will save lives and argued this type of legislation should have become law years ago.

EYE DROPS (H 4195) - Requires insurance plans to cover refills of prescription eye drops under the same guidelines used by Medicare Part D. Prior to passage of this new law, Bay State law restricted patients from refilling eye drops and other medications earlier than the 30-day or 90-day refill date.

The new law allows patients to get a refill if they run out of drops a few days prior to the allowed refill date and permits some optometrists to treat anaphylactic reactions by injecting epinephrine or adrenaline. Under prior law, only ophthalmologists were allowed to do so. Supporters say that unlike pills, eye drops are difficult to administer and pa often use more than one drop at a time because the first drop misses. They argue this leads to patients either taking a twice daily eye drop only once a day or tinuing their use of drops until the next allowable refill under their health

plan. They note that this can cause their condition, like glaucoma, to worsen and presents serious health and vision risks During the week of January 16-20, the House met for a total of one hour and 47 minutes while the Senate met for a total of one hour and nine minutes.

PLEASE RECYCLE BY THIS NEWSPAPER



Louise Alibrandi of Cohasset and her daughter, Alyssa Peppino — a resident of Pembroke. The mother-daughter team own and operate The Face Place & Spa together. COURTESY PHOTO / BRIAN DOHERTY

# Cohasset resident opens Face Place at new location

Cohasset resident, is an anchor business in Louise Alibrandi, owner its community and serves and operator of The Face three generations of many Place & Spa, hosted a South Shore families grand opening last week- covering an area from end at her new location Plymouth to Quincy. The at 1344 Washington St. in Face Place and Spa offer-Hanover with more than ing a full range of beauty, 200 guests attending.

The Face Place in Nor-skin care and beauty treatwell in Norwell in 1984 ments to preparations for and then spent 30 years life's greatest moments at Merchants Row on the and special celebrations. Hanover-Norwell border. Louise estimates that Louise presently owns and more than one million operates the business with treatments and services pino, of Pembroke.

skin care, and spa services Louise first opened ranging from essential

ughter, Alyssa Pep- have been administered at The Face Place & Spa since The Face Place & Spa it first opened its doors.

captured the attention of outstanding judges. That is no less true of its biggest event of the year, the center's arts festival, which takes over Cohasset Common for three days every summer. This year — its 62nd — will run June 16, 17 and 18, with a Preview Party under the stars on June 15. This sprawling enterprise is highlighted by a members' juried art show

inspiration on canvas.

ago pastime.

Certainly few of them

Today, the SSAC is a

major institution on the

South Shore, with a reach

and reputation that goes far

beyond this region. As that

reputation has grown, the

center's juried exhibitions

have drawn the interest

of successful professional

country, which, in turn, has

artists from around the

could have imagined what

in the main tent and an exhibition of young artists' work. In addition, crafts vendors from all over the country come to the festival to show and sell their exquisite creations, rang ing from one-of-a-kind jewelry to magnificent

By Constance Gorfinkie n downtown Cohasset. close by the railroad tracks that carry folks from Scituate to Boston, stands a building that's filled with beauty and dreamers. Downstairs, the walls are lined with artwork, while upstairs the dreamers are creating with paint, clay and various other materials objects that one day might grace a wall or sit on a pedestal. This is the South Shore Art Center, which began many decades ago in somebody's home because a few folks wanted to get together to paint pictures. Early on, it was just a gathering of friends, who, inspired by the lovely scenery outside their windows in this seaside town, felt

These murals on the back side of the building that houses the South Shore Art Center in Cohasset, and greets commuter passengers on their way to and from Boston, were created by Art Stars, student artists, on the 60th and 61st anniversaries of the center. COURTESY PHOTO/ART CENTER

pursuing excellence and

expanding programs.

fabric art. Though five months away, SSAC staffers already are busy planning for their signature event, beginning with the announcement that Feb. 3 is the deadline for all those who wish to be considered for the Juried Festival Craft Vendors,

Of course the SSAC's most important mission is to serve the folks in the cluster of towns that comprise the South Shore. This organization, which currently has 1,000 enthusiastic members, presents seven major exhibitions a year

thriving program of adult classes, and runs activities in two satellite venues. Probably the biggest secret of its success is the determination of the center's leadership to keep

An example of that is the relatively new Artist in Residence program. Established 13 years ago, and today regularly involving 1,400 youngsters, it is a free educational outreach art program designed for students in grades 3, 4 and 5, who does outreach in schools all have the opportunity to over the South Shore, has a interact with professional

artists working in a diverse array of mediums. For many, this unique experience makes available to them a world of possibilities they might otherwise never have known.

For us who live on the South Shore, the art center is a precious resource, a place where we can enjoy fine art and where our children can be provided outstanding educational opportunities that will color their lives ever after.

-Constance Gorfinkle writes a monthly column for the South Shore Arts

with a

luxurious bath

that you'll enjoy

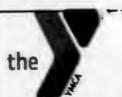
for years to come!



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Calendar, B12

# **SPORTS**

MORE INSIDE

■ Police/fire log, B9

Obituaries, B9 ■ Cycling classes. B4 ■ Hanover Mall, B10 ■ Healthy Living, **B5** Puzzles, B13 ■ Winter Arts Preview, **B7. B8** 

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com

### SPORTS NOTES

Send your stuff The Cohasset Mari-

ner sports department is always looking for a little extra hand. Please send your

story ideas, stories and photos to wwassersug@wickedlocal.com and follow him on Twitter @scifisportsguy

### ICE SKATING

Join the Colonial Syn-Come skate with All sessions to take

Dates are: February

Hobomock Street Pembroke, Mass.

### Tryout

at the highest level in both ASA and PONY tournaments through out the Northeast Area including but not limited to the States, Regionals Nationals and College Showcases. The Bay State Sharks program includes access to an indoor practice facility for winter training. To arrange a tryout for the 18U team, please call Coach Glen Gifford at 781-291-0695 or email at teamwazoo@comcast. net. To arrange a tryout for the 16U team, please call Coach Army Bruce at 508-662-2014 or email

at amy@brucel.net. http://www.sharksfastpitchsoftball.com/ nfo@pilgrimskating-

Coach Alex Nulty: anulty94@gmail.com

### HOCKEY

# **City of Champions**

gural event of the City of Champions Classic.

The Classic is designed for all adult hockey playlooking for a fast paced Each team is guaranteed

SEE NOTES, B2

### **BOYS HOCKEY**

Skippers take

Synchro Clinics

chronized Skating Team at Pilgrim Skating Club. Coach Alex Nulty to see what all the fun is about. place 11:30am-12:20 p.m. on Saturdays at:

11, March 18, April 1 and Clinics are at Hobo mock Arenas, 132

Price is \$20 per session for club members, \$25 for non-members For more information visit www.colonialfsc. com/synchroYouth

### **BAY STATE SHARKS**

The Bay State Sharks fastpitch softball program is looking for a pitcher and a few position players for both the 16U and 18U teams.

Teams will compete

If you are interested in our program, please visit Pilgrim Skating Club:

On Saturday, Feb. 25 2017 starting at 12 p.m., FMC Ice Sports will host the City of Champions Classic at Asiaf Arena. The Classic is open to all adult hockey players for a round robin style tournament where all teams will face off against each other with playoffs and a Championship game to follow. You don't want to miss out on the inau-

ers, age 18 and older. tournament that includes a championship prize, certified officials and a post-event celebration.

# Learning some ice lessons

in Harvard practice, game,

results are good By William Wassersug wwassersug@wickedlocal.com

the team and staff.

players learning a number league games coming up. coaches and I were just talkof lessons they have taken The kids did a good job. This ing about how those two,

The Skippers continued stay focused and take care

an impressive 7-2 win over how they moved the puck. I East Bridgewater, Saturday love how they skated. That's Jan. 21 at Connell Rink in our strength. When we move

the game from the start in that's where we play best. For a game coach Phil Mahoney the majority of tonight they said could have been a tough did that."

Cohasset boys hockey team overall," Mahoney said. "We on Cohasset's sixth goal, spent a day at Harvard work- have a huge week coming up a beautiful centering pass ing out and practicing with with Norwell and Rockland from Matthew Lund to Brad (Wed. Jan. 25, result mavail- Winn. Winn only needed to Then, this weekend, the able at press time). This game flip it by EB's goalie. team took a field trip to could have been a potential "That was a beautiful goal, watch Harvard play, and the trap game where you over- Brad Winn from Matthew trip was a big success, with look it in favor of those two Lund," Mahoney said. "The

is a game where you have to

to play well this week, with of business. They did. Hove the puck well, when we The Skippers controlled create speed in transition

One of the prettiest Not too long ago, the "I think it was a great efort moments of the night was



Cohasset's Brad Winn battles East Bridgewater's Cole SEE LESSONS, B3 Bagley. WI KE THE A CHILD WILL AM WAS ERSUG

GIRLS BASKETBALL



Before the start of the game on Friday, Jan. 20, 2017 Cohasset girls varsity basketball coach John LeVangie thanks his players for all their hard work. They then put all their hands in for a team cheer. WICKED LOCAL

# Quite a week

By Shaun Galvin

The Cohasset girls basketball wins when you include golf, boys

Girls beat Hull, edge Carver team has had quite the week, with coach John LeVangie picking up his basketball. In girls basketball action on 500th career victory (high school Friday January 20 the Lady basketball - he has more than 800

SEE WEEK, B3

SPORTS ROUNDUP

# Girls hockey makes tourney

Wrestlers beat Randolph

By William Wassersug wwassersug@wickedlocal.com

The Cohasset/Hanover girls hockey team accomplished one goal Wednesday when they beat Stoughton 7-0 at Brockton's Asiaf Arena to improve their for the MIAA Tournament For Cohasset/Hanover, Morgan Foley scored her sixth goal of the season and Hannah

scored her third of the year. Kaitlin McGovern chipped in a goal, her fourth, and Callie Hoadley netted her tenth goal of the season and holds the lead in scoring with 15 points. Lauren Farren scored her second of the season and Sydney Davis scored twice to up her goal total to four. Sarissa Fazio had 16 saves

in the shutout victory. The girls host Whitman-Hanson/Silver Lake Saturday

SEE TOURNEY, B2

**BOYS BASKETBALL** 

# Finding their groove

### Skippers win four straight

By William Wassersug wwassersug@wickedlocal.com

The Cohasset boys basketball team has found a groove with a four game win was 8-for-8 at the free throw streak improving the Skip- line," Ruggiero said. "He finpers record to 9-3 (6-3 South

Shore League).

first quarter and never lost who have upped their game. the lead," Cohasset coach Bo Ruggiero said. "In the second period we scored 20 points to

go up 42-23. Liam O'Connell had seven rebounds and six

rebounds and 15 steals." During the win streak, the Skippers were led by defense and outstanding shooting.

assists. Max Davis had six

"Chase Bomeisler shot 55 percent from the floor and ished with 30 points."

While Bomeisler has been The boys started the win- the team's main scorer early ning with a 75-50 win over in the season, he is beginning to get help in that depart-"We took a 22-11 lead in the ment by a group of players

"Thatcher Stone is

SEE GROOVE, B3

# Skiers finally get first race

Team opened with solid performance at Ragged Mountain

The Cohasset Mariner

On January 21, the Cohasset Varsity Ski team competed in the first official race of the season, with a number of team members placing in the top 20.

Due to the warm temperatures, the league has been unable to run any races at Blue Hill, so Saturday's race at Ragged Mountain in New Hampshire was the team's first chance to assess the competition. Competing for the



Fox, Zander Arnold, Fisher Hunnewell and Sophie Matthews. COURTESY PHOTO

(captain), Zander Arnold, Jaimie Fox and Alex DeVries. Zander Arnold placed sixth overall, with two very

boys were Fisher Hunnewell strong runs that put him right in the mix of a very competitive group of skiers. SEE SKIERS, B2







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your name, full home address, phone number, email address and birth date (month and year) on a 3x5 index card and mail completed entry to Renewal by Andersen LLC, Attn: Marketing, 9900 Jamaica Ave. S, Cottage Grove, MN 55016. All mailed in entries must be postmarked by 2/4/2017 and received by 2/9/2017. Only one entry allowed per person and per household, regardless of method of entry. For full prize descriptions and for odds of winning, see the full Official Rules. If the two teams playing in the big football game being played in Houston, TX on 2/5/2017 reach a combined received by 2/3/2017. Only the state of the then a First Prize will be awarded in each Market by random drawing. The First Prize is one (1) \$100 Visa gift card. For a copy of these Official Rules, visit www.renewalbyandersen.com/biggame or send a self-addressed stamped envelope to "Big Game Rules" Renewal by Andersen LLC. Attr Marketing, 3900 Jamaica Ave. S. Cottage Grove, MN 55015. Sponsor is Renewal by Anderson LLC. Administrator is Brandmovers, LLC.

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ing while the loser might

be watching at home.

■ Braintree (8-2, 1)

- The Wamps had

another impressive week

as they handed Wellesley

its first Bay State Confer-

ence loss of the season

and held Weymouth to

1 Hanover (8-1, 2) -

The Indians had a

slow week as they only

took the floor once - a

win over Brockton. The

in the weeks to come

month of the season.

Indians will be plenty busy

with 11 games in the final

3 Abington (11-2, NR)

- The Green Wave

have been solid on both

ends of the floor during

a current four-game win

averaged to outscore foes

60-28 during that stretch.

Hingham (7-3, NR)

The Harborwomen

had a strong week to get

mouth Academy its first

defeated Plymouth North

handedly on Friday (62-

40). Hingham is a game

Division standings. Those

two will do battle in Dux-

behind Duxbury in the

loss of the season and

back into the top four.

Hingham handed Fal-

streak. Abington has

just nine points.

# Miracle on Ice

ICE SKATING



Silver Blades skaters with their trophy from Lake Placid. COURTESY PHOTO

# Silver Blades Skating Club experience Miracle on Ice in Lake Placid

to happen well past the Institute, founded in 1959). confidence necessary to Gracie Shaughnessy, Shan-1980 Olympics in Lake "Skaters have a unique perform by themselves, non Grady, Lise Trulsson, Placid for local skating opportunity in our rink," she in front of an arena of Hanne Trulsson and Lilly club, Silver Blades, during said. "They can represent spectators and judges," Wallingford; Scituate natives the weekend of January 6 - and participate in not only Shaughnessy said. "Skills Jasmine Lanata, Anna Ryan 8, at the 48th Annual Lake U.S. Figure Skating events they will use for a lifetime. and Stella Bulman; Hing-Placid ISI Figure Skating but also ISI events as well. But ISI competitions take ham natives Nina Crean,

for individual success and and Sectional competitions work as part of a team...the Weymouth native Tess glory, skaters of Silver Blades (a stepping stone to Nation- camaraderie, good sports- Donlan; and Norwell native demonstrated how to suc- als) while at the same time, manship, sharing a common Fiona Faherty. ceed as a team by bringing participating in ISI com- goal, supporting each other's "There's something special home the First Place Team petitions each season." teammates, and sharing in about getting to compete in Trophy out of 18 clubs In ISI events, each skater's the success, knowing that the same arena, on the same

events, earning a total of 17 Silver Blades members their collection." of skaters the most proud. as a team.

own individual medal place- each one of them contrib- ice, as the USA 'Miracle on Fourteen skaters from ments are assigned a point uted to that success. What Ice' hockey team in 1980," Silver Blades made the trip value. At the conclusion of these skaters will remember Jasmine Lanata's father to Lake Placid, competing the ISI competition, the from Lake Placid this year John Lanata said. "Even in a total of 40 events over team with the most overall is that they were part of the though our skaters were too the course of the three day points, or the highest per-first team from Silver Blades young to remember, they get competition. Individually, centage of Gold, Silver and to take earn the First Place it, they all know how speeach skater participated in Bronze, is awarded a Team trophy, not how many indicial it is to be there. And to anywhere from two to eight Trophy, and in this case, vidual medals they added to watch them work as a team Gold, 7 Silver and 5 Bronze earned the highest percent- With more than 400 skat- the best reward". medals, but it's the team age of Gold medals to take ers in attendance from as far Silver Blades and the

of competitions sanctioned importantly, to fall and get ing from 6 years to 12 years, ingham.org.

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Miracles on ice continue by the ISI (the Ice Skating back up, to build the self- included Cohasset natives Some of our skaters may it one step further, teaching Shannon O'Connell, Grace In a sport usually reserved compete in U.S. Regional these same skaters how to Owen, and Emily Williams;

and support each other is

trophy that makes this group home the First Place Trophy south as South Carolina, it 'Skating Club of Hingham', meant each Silver Blades are based out of Bavis Arena Club Director, Liz "The sport of figure skater had little to no room in Rockland. For more infor-Shaughnessy, who coaches skating teaches skaters won- for errors in their routines. mation on skating programs her daughter, Gracie, and derful life skills such as how With guidance from staff offered, including group has been making the trip to set short- and long-term coaches Kim Ryan and Learn to Skate and private for the past seven years, goals, work through set- Leslie Ryan of Scituate, instruction, visit the club's explains the unique aspect backs, persevere, and most skaters from the club, rang- website www.skateclubh-

# **TOURNEY** From Page B1

Jan. 28 at Randolph's Zapus-On the wrestling mat, the Skippers beat Randolph

39-18 Wednesday. In the Randolph win, which was also Senior Night, Jake Fox, Dan Varney, Joe Fox, Kevin Perrone and Grant Guempel all won by pin. Saturday, Jan. 21, the

team was at a quad. Grant Guempel had three pins, while Tommy Olson, Vladimir Tserlov and Tyler Mulheron all had pins as well.

### **SKIERS** From Page B1

Jaimie Fox also finished in the top 20, coming back from a tough first run to post the eighth best time overall in the second run. Racing for the girls was Sophie Matthews (captain) and Natasha Arnold. Matthews also placed in

the top 20 for the girls, joined by two other Cohasset residents who ski for NDA, Betsy Faherty (who placed fourth overall) and Lilian Patsos. All skiers contributed to a strong Cohasset performance and the team is looking forward to a busy February, as they make up cancelled races ahead of the State final in March.

### **NOTES** From Page B1

to play 4 games of action packed full ice play using a For more information, contact Sean Kennedy at

781-312-5049 or skennedy@ fmcicesports.com. Asiaf Arena is located at 702 Belmont Street, Brockton, MA 02301 and is a Commonwealth of Massachusetts public ice skating facility, overseen by the Department of Conservation and Recreation (DCR) and managed by FMC Ice Sports.

FAB FOUR

# Week 7 Basketball Power Rankings

Scituate boys make big jump

By Chris McDaniei CMcDaniel@wickedlocal.com

TX7 ith February fast approaching, league title pictures and tournament contenders are starting to reveal themselves.

The boys' poll is filled with hopefuls in the Division 3 South Sectionals. If the tournament were to start today, three teams would be in that sectional alone with two just outside of

The Scituate boys are currently one of the hottest teams around while Cohasset is rounding into shape nicely.

On the girls' side, Braintree and Hanover hold strong at the top two spots but Abington and Hingham rise from the bubble to crack the top four. If the tournament

were to start today, only the Hanover girls would have locked up a top seed but there are sectional title contenders in Patriot League Keenan all four divisions. Record as of Sunday

and last week's rankings

After a 3-3 start to

the season, the Sailors

have rattled off six con-

Scituate and Hanover

secutive wins. Currently.

are tied for first place in

Division. Scituate won

the first meeting against

Hanover but the league

title may come down to

the rematch on Feb. 14 at

back from a loss against

Scituate with wins over

Pembroke (71-47) and Rockland (48-47).

Cohasset (8-3, NR)

secutive games against

Rockland and Mashpee.

off three consecutive

wins. Saturday's home

game against Mashpee

is a must-win if Cohasset

wants to keep its South Shore League Tobin Divi-

sion title hopes alive.

4 Norwell (8-2, 1) -The Clippers were

dealt a surprising 46-43

loss against Carver last

nicely with a 60-37 win

against East Bridgewa-

ter on Friday. The SSL

Sullivan Division title is a

two-horse race between

Rockland and Norwell.

(7-5), Silver Lake (6-4),

Braintree (5-5)

Players of the

Charlie Considine, Sr.

Pembroke: Considine

Quincy on Friday.

Thatcher Stone,

finished with 32 points in

a 69-59 win against North

Soph., Cohasset: Stone

matched Hull's team total

with 35 points on Friday in

Jack Maguire, Jr., Abington: Maguire scored 24 points in a

losing effort against

Mashpee on Friday.

Abel Lopes Jr., Jr.,

Scituate: The captain

Friday's game of the week - Carver at

Abington, 6:30 p.m. -

Abington and Carver both

entered the week sitting

just below the .500 mark.

are not in the league title

hunt, expect a playoff-like

atmosphere, as each win

the tournament. When all

is said done at the end of

the season, the winner of

is a huge step closer to

Although these teams

netted 22 points in a win

over Plymouth South on

week. Norwell rebounded

the Patriot League Fisher

are in parenthesis. On the bubble: Rockland (9-3), Plymouth North (6-5), Cohasset (8-5), Carver (8-3), Marshfield 4 Scituate (9-3, 3) -

(9-2)

# Players of the

bury on Feb. 3.

Meaghan Raab, Sr., Hanover: Raab scored 20 of her game-high 24 points in the second half to lead the undefeated Indians (8-0) to a 62-50 non-league win over the Brockton on Jan. 17 Sydney Kehoe, Jr., scored 11 points and pulled down 21 boards in a loss to Bridgewater-

2 Hanover (9-2, 2) – The Indians bounced Raynham on Jan. 18. Melanie Stewart, Sr., Scituate: Stewart scored 21 points as the Sailors After dropping condefeated Rockland. 62-49, on Jan. 18. Stewart matched that total on the Skippers have rattled

Friday in a win over Plymouth South. John LeVangie, Cohasset: On Jan. 22, LeVangie became the 22nd bashistory to reach 500 wins with a 35-18 win against Randolph. LeVangie has coached for over 40 years, including stops as the boys coach at Hull, Cohasset and B.C. High. Haley Biasetti, Jr., Hingham: The point guard stuffed the stat sheet with seven points, 10 rebounds and eight assists in

Friday's 62-40 win over Plymouth North. Katie Gailigan, Fr., Pem-On the bubble: Rockland broke: The freshman had 17 points in Friday's 53-48 win over North Quincy. Friday's game of the week - East Bridgewater at Rockland, 6:30

p.m. - The Bulldogs currently control their own destiny in the South Shore League Sullivan Division title race. Rockland has a one-game lead in the loss column over Norwell and EB. Wins over EB and Norwell (Feb. 3) will likely secure another SSL crown for

The Fab Four Basketball Power Rankings are decided with the help of several factors: record, strength of schedule, performance against teams and margin of victory. The public schools in our coverage area include: Abington, Braintree, Carver, Cohasset, Hanover, Hingham, Marshfield, Norwell, Pembroke, Plymouth North, Plymouth South, Rockland, Scituate, Silver Lake, and Weymouth. Send nominations for players of the week to aniel@wickedlocal com or reach him on Twit-

ter @ChrisMcDaniel88.

### LESSONS From Page B1

Friday, January 27, 2017

that line had been rebuilt. Kyle Ferriera came back Fitzpatrick. from injury. They had played together last year and they're McKelvey (2), Jimmy Farren, add the extra attacker and really clicking as a group, Lund, Ferreira and Cam started to apply pressure to moving the puck well. That Joslin each had assists. extra pass set up an easy goal, a nice goal-mouth opportu-turned into a thrilling South clock, senior captain Michael nity. They just tip it in."

Shore League matchup, Cohen scored the tying goal Mahoney enjoyed the field the Skippers overcame a to complete the comeback. two-goal deficit in the third Campedelli and senior cap-

"The kids picked up some period to tie Rockland 2-2. tain Aidan McHugh assisted. real good tips from watching at that level," Mahoney said. goals in the first and second refusal to quit tonight," "Simple tips that are easy for periods to take a 2-0 lead Mahoney said. "Lots of offense or defense. Take the into the final frame. puck wide and drive to the net. Defensively cancel your began with Farren. a senior like Rockland. These guys man, take him out of the play captain, finding the back of kept coming and wouldn't If you do that it takes you into the net to cut the lead in half. stop. The desire and characyour offense or out of your Classmate and fellow cap- ter shown was outstanding. defensive zone."

**GROOVE** 

From Page B1

### "We were down 8-0 in the and was six-of-seven from first quarter," Ruggiero said. the line. Sam had 11 points, "We went on an 18-5 run in three threes." Ruggiero said O'Connell the first period and outscored

The Skipper comeback over against an opponent

Cohasset got two goals sophomore Conor Joslin

Michael Cohen and Jack game, the Skippers called a

from Ryan Losordo, and assisted

single tallies from Joe

Campedelli, Aidan McHugh,

Thomas Durkin, Michael

In their latest game, which

The Bulldogs scored solo

tain Joe Campedelli and

said. "He shot 40 percent

set beat Randolph 66-43. "We avenged two losses been here. Shane (Haggerty) finished with 31 points and floor." bes had a terrific game with six assists and Lelio had five at 5 p.m. 12 points. Sam Lelio had six assists.

The Skippers ran away in press has been effective in the second quarter.

"We had a 27-4 run in the Most recently, the Skippers the second period we had five with a 61-45 victory.

pated he would be," Ruggiero period." Ruggiero liked the way "Liam is like a floor general from the floor and scored 26 his team responded to Hull's on defense," he said. "He held

Twenty one of those points "Their defensive strategy Chris Willis to 10 points were from three-pointers, was to stop Chase," Ruggiero under his season average, making his 40 percent shoot- said. "But Thatcher had a and none in the second half." ing even more impressive. career high 35 points. That's Ruggiero had praise In the next outing, Cohas- just two less than the school for Max Davis and Mark record in the time since I've Mahoney.

had a monster game. He shot six. We had four guys shoot Mahoney is getting more 67 percent from the floor and 55 percent or better from the varsity playing time." 15 rebounds. Tommy Carra- In that win, O'Connell had Mashpee Saturday Jan. 28

assists and as a team we had "It has been a great team few weeks back at Mashpee. effort," Ruggiero said. "The those three games." this season.

guys score. Liam O'Connell We've improved," Ruggiero has played," he said. "We're had five, Chase had six, Sam said. "We had a 19-point getting great senior leader-Lelio had three and Tommy turnaround from the first ship from Liam O'Connell Carrabes had five points." time we played them this and finding out what each In the next game against season. Chase had a big individual player can do. I'm archrival Hull, the Skippers game. He shot 69 percent pleased with the way we're had a slow start but turned it from the floor and had 22 playing, but not so pleased

points and 10 rebounds. Thatcher had 16 points

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today's paper or online at

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The score remained 2-1

They pulled their goalie to

With five seconds on the

"I loved the effort and

teams would have rolled

and with 1:45 left in the

the Rockland goal.

becoming the player I anticithem 22-6 in the second has been a big factor on the defensive end.

the league's leading scorer,

"Max Davis has come from last year," Ruggiero had 37 in his senior year. Sam off the bench and done a said of part of the streak. Lelio had 10 points, Tommy good job playing multiple "Against Randolph, Chase had six and O'Connell had positions," he said. "Mark

The Skippers will host

Mashpee beat Cohasset a On the whole, Ruggiero likes what his team has done

"One game over the second period to break open avenged an early season loss midway point I'm pleased the game," Ruggiero said. "In to Carver, Tuesday Jan. 24 with the improvement our young, inexperienced team



A surprise cake to congratulate Coach LeVangle on his 500th win is presented after the girls game on Friday, Jan. 20, 2017. WICKED LOCAL STAFF PHOTO/ALYSSA STONE

### WEEK From Page B1

Skippers hosted to the start. Hull Lady Pirates. Prior to the start of the game Lady freshman Bella Farren had

500th career victory. LeVangie won No. 500 showdown.

over the Lady Pirates.

Tuesday Jan. 17 with a victory at Randolph. In the Hull victory, Skippers who improved to junior Zoe Doherty led the 10-5, 5-4 SSL.

way with 18 points. Freshmen Molly Greer travel to Mashpee on

The Lady Skippers hosted the Carver Lady Crusaders on Tuesday January 24 in a 6:30 p.m.

That game went well as

Skippers girls basketball 11 points and 10 rebounds Head Coach John LeVan- Tuesday as the girls edged gie was honored for his Carver, 46-44, at home in a South Shore League

Junior Zoe Doherty added 10 points for the

The Lady Skippers will

Cohasset girls varsity basketball coach John LeVangle is smiles and waves as he is surprised

Greer

sprints

court

down the

dribbling

Cohas-

set beat

46-44 at

Cohasset

High on

Jan. 25,

WICKED

ALYSSA

LOCAL STAF

2017.

Carver

the ball as

by former players and colleagues who came to had 9 points and junior Friday January 27 in a 5:30 celebrate his 500th game Lauren Cunning had 9 p.m. start and will host the Tuesday, Jan. 17, 2017 points as the Lady Skippers Norwell Lady Clippers on on Friday, Jan. 20, 2017. cruised to a 47-17 victory Tuesday January 31 in a WICKED LOCAL STAFF PHOTO/ 6:30 p.m. start.



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estaurant or entertainment

COHASSET REC

# New indoor cycling

Indoor Cycling at Cohasset Recreation has begun! There are 15 bikes, a new sound system and three great instructors. Where is it? It's at the Cohasset Recreation Center — which some may know as the old "Teen Garage" directly behind the Red Lion at 55R South Main St. Register for all remaining sessions or just one class at a time, now through March:

cohassetrec.com. Class is offered three times per week: Sunday, Monday and Thursday. Bringing a water bottle and small towel to class is highly recommended.

■ 8:30 to 9:30 a.m. Sunday with Carol Smith ■ 5:30 to 6:30 a.m.

Monday with Jen Schmidt ■ 6 to 7 a.m. Thursday with Chrissie Dahlstrom Please note that the

Indoor Cycling schedule in the Cohasset Recreation brochure has been updated since it went to press. The classes listed above are the current classes, with potential for more to be added as demand increases.

one is watching you. You re-certified last spring. Her on which to build. tor, Jen Schmidt. "For the Cohasset Town Hall. experienced athlete and "Spinning is much easier on years at Hingham. to push around the runner/ burn a ton of calories and if where life begins." biker ahead of you."

timent shared by all three the school bus. As the weeks spin? cohassetrec.com



From left are two of the three new Indoor Cycling instructors at Cohasset Recreation: Chrissie Dahlstrom and Jen Schmidt. COURTESY PHOTO

progress so will each class, "Spinning is great for Chrissic Dalhstrom taught with more challenges added someone just starting to spinning for years before every session. Starting the work out, you control the taking a break to focus on series in the first week or two resistance on the bike, no her young children. She was early allows everyone a base

set your own pace," says name may be recognizable Carol Smith comes to Monday morning's instructo some as a staff member at Cohasset Recreation after teaching for more than 14

those training for upcom- your body than a lot of other "1 encourage everyone ing marathons - spinning forms of cardio. For example, to come join the fun," says will build your leg muscles your body isn't absorbing the Smith. "Plan to get on the and cardio. The sprints we shock of running on the pave- bike and prepare to get out do will give you the power ment," says Dahlstrom. "You of your comfort zone. That's

you love to eat junk food like Indoor cycling is a great Schmidt has been a cer- I do, that is a massive bonus!" way to improve cardiovascutified spin instructor for Although the weekday larhealth while also burning over 14 years and currently classes are early, this is by calories with a full body and teaches at Scituate Racquet. design. It gives everyone a low impact workout. With a She admits that she is very chance to get their exercise fee of only \$10 for drop ins, picky about bike set up, form done for the day and still how can afford to not give and warming up. All with a have time to commute to Cohasset Recreation's new focus on safety first — a sen- work or get young ones off to Indoor Cycling classes a

PROJECT 351 AMBASSADORS

# Cohasset eighth-grader in year of service

Eighth-grader Devin Tulio of Cohasset joined more than 250 other young leaders from across the Commonwealth in a statewide, youth-led service initiative.

Martin Luther King Day kicked off their transformative year of service as Project 351 Ambassadors; annually convened by the Governor of Massachusetts and hosted by John Hancock, the day unites Project 351's new Class of Ambassadors for the first time and honors the legacy Ambassadors. Ambassa- convenes an eighth-grader

The day kicks off a year and towns in Project 351, development, enrichment, of service and leader- a statewide, youth-driven and impact through unique ship development for the service organization that service opportunities.

Eighth-grader Devin Tulio is a member of this group of Project 351 Ambassadors. COURTESY PHOTO

of Dr. Martin Luther King, dors are selected by local from every city and town Jr. with a full day of team- educators to represent in Massachusetts for a based service across Boston. Massachusetts' 351 cities transformative year of

SAVE THE DATE

# Rudolph Adamo, Buttonwood Books welcome author

Jeff Giles to the salon, 114 Front St., Scituate, on Sat., Feb. 4, at 6 p.m. Giles will be reading from and signing his debut young adult novel, "The Edge of Everything".

Author James Dashner wrote "Every human alive should read this book" and Cassandra Clare, bestselling author of "The Mortal Instruments" series, remarked "sharp, dark, thoughtful and this exciting new series."

Giles grew up in Cohasset. He currently lives in Montana. Most recently, he was the deputy managing editor of Entertainment Weekly, where he oversaw all coverage of movies and books, including the magazine's championing of young adult fiction. Giles has written for Rolling Stone and The New York Times Books Review.

If you are unable to attend and would like to order a signed copy, call Buttonwood at 781-383-2665 or online at: buttonwoodbooksandtoys.com



Jeff Giles will be reading from and signing his debut young adult novel, "The

The Rudolph Adamo Salon and Buttonwood Books and Toys welcome author

romantic, readers will thrill to the start of



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# HEALTHYLIVING

# Top 10 trends for 2017

Whole Foods Market's global buyers forecast popular flavors, ingredients

of your favorite grocery store this year?

trends to watch in 2017.

"Thinking about trends new life. and acting on trends arc something that our global experts do all year long," Molly Siegler, food editor

1. Wellness tonics: This is fish sauce." an ongoing trend that's been seen mainly in cafés or

will be on bringing it into fined sweeteners; the oil is ers and more by popular days a week, or gluten-free your home. Look for prod- used in a growing list of nat- plant-based and clean-eat- whenever possible. Instead ucts that include beneficial ural beauty products; and ing movements, the experts of a strict identity aligned botanicals and have roots in the white flesh of the co-said. Alternative grain noo-with one diet, shoppers emalternative medicine and conut is now in flours, tor- dles made from quinoa, brace the "flexitarian" ap-

global traditions. ters and more.

from strained Greek yogurt Siegler said. "It has opened Whole Foods Market's or spent grains from beer, up a broader interest in

foods, coconut products and she said. wellness tonics are just a few top predictions according to the trend-spotters, who share more than 100 years of combined experi- has been a big trend for ence in sourcing products the past few years," Siegler preferences.

juice bars where you can get nut-seed (coconuts qualify a wellness tonic or well- for all three!) is being used sa and much more. ness shots added to your in new applications, Whole smoothie or juice, Siegler Foods experts said. The sap

2. Products from byprod-Tant to know ucts: "This trend definitely what to look for plays on our core values as sushi: "The last couple of and squash noodles will on the shelves a company," Siegler said. Whether it's leftover whey obsession with sushi," said.

global buyers and experts food producers are finding Japanese food." recently identified the innovative - and delicious ways to give byproducts

pressed with the quality of wasabi-based mustard products made from called Sweet Sabi. Other and cereal. byproducts, such as Fa- foods normally limited to for Whole Foods Market, banaise, a vegan mayo that restaurant menus, like ally like this is, it's a beaurepurposes leftover liquid Richly colored purple from cooking chickpeas," dulse and nori, will now be good potential health benkitchens.

3. Coconut everything: "Coconut oil has been on our radar for a while and

Virtually every component of this versatile fruit-

5. Creative condiments: blurring the line between

The experts say to look for black sesame tahini. ha-

6. Rethinking pasta: Tois turned into coconut sug- day's pastas are influenced

tillas, chips, ice creams, but- lentils and chickpeas are 4. Japanese food beyond spiralized zucchini noodles

Numerous interesting popping up everywhere: products support this trend, purple cauliflower, black Siegler said, noting the 365 rice, purple asparagus, el-

"One of the reasons we remiso, ponzu, kelp, wakame, tiful color, but it also has found in American cfits," Siegler said.

The experts say this trend will also impact breakfast multitasking ingredients and dessert.

and tracking consumer said. "Now it's not only oil or "This is one we love be- skincare and makeup prodwater you'll see, but pro- cause it's a nice way to ex- ucts, and simplifying rou-Whole Foods Market's ducers are using the meat to periment," Siegler said. "You tines by eliminating the top 10 trends for 2017 in- make chips and the coconut can start to add in condi- need for special brushes or aminos to make sauces that ments like Harissa paste. tools. can replace soy sauce or One of my favorites is a pomegranate molasses."

> banero jam, ghee, beet sal- ets but sort of basing their Siegler said.

quickly becoming favorites, while grain-free options like years we've seen a lot of also start to expand, Siegler

7. Purple power: Richly colored purple foods are "Our experts are im- Everyday Value swect, derberrics, acai, purple sweet potatoes, purple corn

8. On-the-go beauty: With and simple applications, natural beauty brands are

we're seeing are people who are not just exploring all dieating on how they feel,"

For instance, consumers might choose to eat vegan But this year the focus ar as an alternative to re- less by Italian grandmoth- before 6 p.m., or paleo five crunched for time.

Richly colored purple foods, like organic red chard, will be popping up everywhere in 2017. PHOTO COURTESY OF

proach to making conscious choices about what, when tomers' awareness of these and how much to eat.

about the way you approach more accessible, Siegler making your meals for the said week," Siegler explained. "This could include batch

of veggies for the week." Or it could be what the experts call the "make Hyannis. some/buy some" approach: Supplementing what you

new trends and products, Whole Foods Markets will 10. Mindful meal prep: be adding small signs in "Mindful meal prep is being their stores to point them more mindful in general out and make them a little

In order to raise cus

You can find Whole Foods Markets at 35 Pleas-9. Flexitarian: "What cooking, making a bunch of ant St., South Weymouth: grains or roasting a bunch 94 Derby St. (Derby Street Shoppes), Hingham; and 990 Iyannough Road.

> Another resource to investigate is The Whole Stomake at home with a pre-ry, Whole Foods' blog, pared food - like a package which will address one of freshly chopped vegeta- trend in detail each month. bles - instead of grabbing You can find The Whole take-out when you're Story at wholefoodsmar-

> > ket.com/blog.

LIFESTYLE

# DUMP **SLUMP**

Tips to avoid, overcome afternoon sluggishness



only lower their blood pressure by about 25 percent but also get the deepest sleep and have

"Morning exercisers not

more efficient sleep cycles, according to a study by Appalachian State University."

Shawn Stevenson, author

By Melissa Erickson

More Content Now

Obright-eyed and productive you start the morning, rhythm, blood sugar and a mid-afternoon slump can good sleep," Stevenson said. zap your energy and leave you feel like you're dragging through the remainder of

People at work or school, taking care of kids or grandson, author of "Sleep and fall.

Smarter" and host of the fitness and nutrition podcast "The Model Health Show." take a dive, you'll start to

components to the afternoon slump: hormonal Stay in (hormonal)

just as real as the clock on your phone," Stevenson

"Basically, there are three wind down. The good news is that after a short lull, they'll begin to pick up again," Stevenson said. Stress also affects cortisol levels, depleting them and

"The rhythm goes in

waves. As cortisol levels

leaving you feeling tired. Taking a few minutes for a "Your circadian clock is break - to stretch, clean sugar levels and give a short your desk or make a friendly phone call - can help re- Instead, opt for higherchildren don't have the option to head back to bed. In
Your levels of sleepiness gy. A short five- to 10
(avocados, olives, salmon) stead there are ways to re- and awakeness vary minute power nap will help and non-starchy vegetables store your energy and tips throughout the day and de- revive your energy levels, and greens. to keep it up in the first pend on how your levels of but it's better to focus on place, said Shawn Steven- the hormone cortisol rise getting good sleep every night, Stevenson said.

Watch your blood sugar "Managing your blood sugar is not just about diabetes. Blood sugar determines how you feel and your level of energy,"

Stevenson said.

Avoid pastas, sandwiches and other foods heavy in carbs and sugars, which can cause a spike in bloodand empty energy boost. recharge," he said.

PHOTO/PIXABAY COM

Get good sleep A recommended seven to eight hours of sleep ben-

"Some people will sleep eight hours and still feel sleepy. To sleep smarter, limit your exposure to blue light from screens for at least two hours before bed. Exposure to blue light suppresses melatonin," which helps control sleep-wake cycles, Stevenson said. Without proper levels of

Another tip is to exercise earlier in the day. "Morning exercisers not

only lower their blood presefits many but not all peosure by about 25 percent but also get the deepest sleep and have more efficient sleep cycles, according to a study by Appalachian State University," Steven-

Both women and men need testosterone, "which is directly linked to how much sleep we get," Stevenson said. Low levels of testosmelatonin, "your brain teronc will not allow your won't cycle through good body to fight off the aftersleep and your body won't noon slump.



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Don't miss the Teen Pop Superstars, 3D performing at Winter Funcation 2017!

With their silky smooth harmonies and electric dance moves, up and coming Teen Pop Superstars, 3D, are taking the music industry by storm! Boston's own triple threat, Jazmin Alexis, 14, Emily Shively, 14, and Meadow Armstrong, 13, are about to explode onto the music scene and become your next favorite girl group!



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Sponsorships and exhibitor booths are available. New acts and activities being added daily visit www.funcation.wickedlocal.com for up to date information





Neither snow nor rain, sleet or even the New England Patriots' upcoming Super Bowl appearance in Houston can keep us from enjoying Boston's uniquely diverse array of concerts, theater, museums and more. Here are just a few ways to enjoy the many offerings of our area's arts community.

- Nancy Olesin

Friday, January 27, 2017

### JANUARY.

Nora and Torval Heimer are living their dream life when Nora risks her reputation to save her husband's life in the Huntington Theatre's Company's updated version of Henrik Ibsen's classic "A Doll's House" to the BU Theatre, through Feb. 5. 617-266-0800; www.huntingtontheatre.org

Nora Theatre Company presents Alan Ayckbourn's "Intimate Exchanges," which follows marriages and love affairs in a London suburb. At intermission, you can vote on how you want the play to end. At Central Square Theater, through Feb. 12.617-576-9278, ext. 1; CentralSquare-Theater.org.

Drawn from dozens of interviews, "Trans Scripts, Part I: The Women" uses the words of real women to shed light on the rich and diverse experiences within the transgender community. The American Repertory Theater brings this moving. humorous and timely work, recommended for grades 10 and up, to the Loeb Drama Center in Cambridge through Feb. 5. 617-547-8300; american repertory theater.org

Now through March 25, "The Newest Romantics" at the New Art Center in Newton features artists working with photographic imagery and objects depicting botanical still lifes. 617-964-3424; www.newartcenter.org

Danforth Art unexpectedly had to relocate so its collection has gone on the road. 'Figuration in American Art: Selections from the Danforth Art Permanent Collection at North Hill" at this senior community in Needham will be on view through January 2018. "Color and Line: Expressive Traditions in Boston" is at Endicott College in Beverly through March 16. And "Found in Collection: Contemporary Photography from the Danforth Art Permanent Collection" is at the Griffin Museum of Photography in Winchester March 9-March

Boston College's McMullen Museum presents a groundbreaking retrospective of Cuban-born painter Rafael Soriano Jan. 30-June 4. 617-552-8587; art-

26.508-620-0050; danforthmuseum.org

With some of the most memo rable songs in theater, life is a "Cabaret" at the infamous

19:30:0

Kit Kat Club during late Weimar Germany as clouds of war are gathering when Broadway in Boston brings the Tony-winning musical to town, Jan. 31-Feb. 12, as part of Roundabout Theatre Company's 50th anniversary season. 800-982-2787; www.BroadwayIn-

1903 - The Goiden Age of Circus" is at the Boch Center Wang Theatre, March 8-12, COURTESY

PHOTO/JOSE LEON McMullen presents a

retrospective of Cuban-born artist Rafael Soriano Jan. 30-June 4. COURTESY PHOTO/

MCMULLEN MUSEUM

### FEBRUARY

Celebrity Series of Boston brings the Berlin Philharmonic Wind Quintet to NEC's Jordan Hall in Boston Feb. 3 for the Boston premiere of a new work by Kalevi Aho, composed in 2015 for the quintet. 617-482-6661: www.celebrityseries.org

"Star Trek's" Mr. Sulu, George Takel, has become the voice of reason on the Internet. Now see him live — as well as a screening of "The Wrath of Khan" — on stage at the Boch Center Wang Theatre, Fnday, Feb. 3, where he'll tell humorous behind-the-scenes stories and answer audience questions. 800-982-3000; Bochcenter.org

Frequent guest **Ernanuel** Ax joins the Boston Symphony Orchestra and conductor Andris Nelsons for Beethoven's youthful Piano Concerto No. 2, and Berlioz's "Symphonie Fantastique," In a single sweet performance Feb. 14. 617-266-1200; bso.org

On Valentine's Day, the Museum of Fine Arts. Boston opens a new exhibit that traces the tradition of finding design inspiration from the past. "Past is Present:
Revival Jewelry" runs through Aug. 19.
617-267-9300; www.mfa.org

beloved teacher suddenly disappeared and homework-loving recess-canceling

What would you do if your

The New England Boat Show. COURTESY

substitute? Based on the popular children's book, "Miss Nelson is Missing" will delight youngsters and adults alike when it is performed by Boston Children's Theatre at the Calderwood Pavilion at the Boston Center for the Arts Feb. 4-25. 617-424-6634: bostonchildrenstheatre.org.

At the New Rep in Watertown Feb. 4-March 5, "Brecht on Brecht" celebrates one of the 20th century's greatest dramatists with a revue of his life's work. 617-923-8487; newrep.org

Curious George is such a popular little monkey that Boston Children's Theatre is putting on "Curlous George and the Golden Meatbail" In two different theaters: Feb. 8-26 at the Regent Theatre in Arlington and March 4-19 at the Larcom Theatre in Beverly, 617-424-6634; boston childrenstheatre.org

Comedian **Lewis Black** brings his "Rant, White & Blue" show to Boston's Shubert Theatre Feb. 10-11. 800-982-2787; boch-

"Playa Made: The Jewelry of Burning Man," features jewelry made for or during the Burning Man Festival, an annual arts gathering in Nevada's Black Rock Desert. At the Fuller Craft Museum in Brockton Feb. 11-June 4. 508-588 6000; fullercraft.org

> The New England into the Boston

Convention Center Feb. 11-19, with speakers, model boats and more. 617-472-1442; www.newenglandboatshow.

A girl tells the story of her life in a small-

town orphanage and her desire to be free "Natasha's Dream," performed by the Arlekin Players and presented by the New Repertory Theatre at the Mosesian Center for the Arts in Watertown, Feb. 14, 20 and 21. 617-923-8487; newrep.org ·

"New Acquisitions," shows the expansive growth of the ICA's collection, and "Steve McQueen: Ashes" is a standout video installation by the artist and filmmaker from the 2015 Venice Biennale. Both are at the Institute of Contemporary Art Feb. 15-25. 617-478-3100; www.icaboston.org

Ike Holter's "Exit Strategy" is the story of the desperate final days of a condemned, crumbling Chicago public school dreading its deadline with the bulldozer. Zeitgeist Stage Company performs this taut comedy/drama vabout the future of public education Feb. 17-March 11 at the Boston Center for the Arts. 617-933-8600; www. bostontheatrescene.com; www.zeitgeist-

How far will we run to escape our demons? Tennessee Williams' poetic 1961 drama "The Night of the Iguana" portrays a group of troubled

Mexican jungle. See it at the American Repertory Theater's Loeb Drama Center Feb. 18-March 18. 617-547-8300; americanrepertorytheater.org

shelter from a storm on the edge of the

"WOW: World of Wearable Art" is the right fit at the Peabody Essex Museum in Salem, Feb. 18-June 11. This traveling exhibition presents 32 of the annual clothing competition's most spectacular and outlandish award-winning ensembles. 978-745-9500; pem.org

"Beatlemania," at the Reagle Music Theatre of Greater Boston Feb. 19, recreates the '60s sounds of the Fab Four. 781-891-5600; www.reaglemusictheatre.com

First performed in 1593 and often considered Shakespeare's masterpiece, the weak king of England immediately runs into trouble for bringing his male lover, hated by the nobles, out of exile in "Edward II." Somerville-based Actors' Shakespeare Project's production, starring Maurice Emmanuel Parent as Edward II, is at the Charlestown Working Theater, Feb. 22-March 19. 617-776-2200; www.actorsshakespeareproject.org

Art imitates life and life imitates art in "Stage Kiss," at the Lyric Stage Company of Boston, Feb. 24-March 26, when two squabbling long-lost lovers are cast in a play as long-lost lovers and quickly lose touch with reality. 617-585-5685; lyricstage.

### MARCH

Genetic testing reveals that the unborn child of Brodie, a research linguist, may never be able to learn a language in Madeleine George's "Precious Little," at Central Square Theatre in Cambridge. Her search for guidance takes her to unexpected places. Nora Theatre Company is directed by Brookline's Melia Bensussen, March 2-26.617-576-9278 ext. 1; www.Central-

Called to a life of religious service, Shelley struggles to find rnean in her work as manager of a Bronx soup kitchen in Heidi Schreck's "Grand Concourse." A college dropout looking for a sense of purpose is at first welcome, but the girl's erratic behavior soon pitches Shelley to the breaking point in this compelling drama at SpeakEasy Stage March 3-April 1. 617-482-3279; www. speakeasystage.com.

On view March 8-Sept. 5, "Listen Hear: The Art of Sound" at the Isabella Stewart Gardner Museum features the works of 12 artists and architects who use a broad range of approaches to sound art. 617-566-1401; www.gardnermuseum.org

Encapsulating the sensibility of the turn of the 20th century with its music and costumes, The Illusionists brings the award-winning puppeteers from "War Horse" to "Circus 1903 - The Golden

Age of Circus" at the Boch Center Wang

Theatre, March 8-12. Featuning two life-sized elephants, the show is a work of art, 800-982-2787; www.bochcenter.org

Who doesn't love dogs? Or a good detective story? "The Curious incident of the Dog in the Night-time," the five-time Tony winner by Simon Stephens adapted from the 2003 best-selling novel by Mark Haddon, comes to the Boston Opera House March 7-19. 800-982-2787; www.BroadwayIn-Boston.com.

Susan-Lori Parks made history as the first African-American woman to win a Pulitzer for drama with "Top Dog/ Underdog," the story of brothers Lincoln and Booth, the role of temptation and its consequences. Directed by Tony winner Billy Porter ("Kinky Boots") with the Huntington at the BU Theatre, March 10-April 9. 617-266-0800; www.huntingtontheatre.org

Created through verbatim interviews with dozens of local folks, "Finish Line: A Documentary Play about the 2013 Boston Marathon" has its world premiere at the Shubert March 15-26.800-982-3000; Bochcenter.org

Sakari Oramo conducts Kirill Gerstein on piano with the men of the BSO's Tanglewood Festival Chorus March 10-11, while Bernard Haitink conducts the women March 16-18 and 21, at Symphony Hall. 617-266-1200; bso.org

Punk rockers Green Day, with Against Me! are at the DCU Center in Worcester March 17.800-653-8000: www.livenation.com



the Dog in the Night-time"

COURTESY PHOTO/JOAN MARCUS Based on the hit animated TV series on

Nickelodeon, "PAW Patrol Live! Race to the Rescue" brings the popular pups to the stage for an action-packed musical adventure at the Wang Theatre, March 18-19. 800-982-3000; Bochcenter.org. The show is also at the Hanover Theatre in Worcester March 8, 877-571-7469; www.thehanover-

A mesmerizing the atrical work, "Octavia E. **Butler's Parable of the Sower** is a concert performance featuring 20

artists on stage singing 30 powerful songs drawn from 200 years of African-American song traditions to give musical life to Butler's acclaimed science fiction novel of the same name. At Emerson/Paramount Center, March 23-26. 617-824-8400; artsemerson.org

CONTINUED ON PAGE B8

Friday, January 27, 2017

The following are excerpts

from the Cohasset Police/Fire

Log, which is public record

and available for review.

Monday, Jan. 16

2:46 p.m.: A caller asked for a

well being check on his mother

at Cohasset Housing for the

Oderly on Elm Street. He was

concerned because she had

not answered him, and she

usually tells him when she's

4:21 p.m.: A caller reported

kids on the ice on Cushing

Road at Oak Street that they

were concerned was too thin

The parties were gone on

5:06 p.m.: Fire personnel

sisted the Water Depart-

ment on Smith Place. There

no residents home. National

8:42 p.m.: An alarm was

reported at the U.S. Post

Tuesday, Jan. 17

7:25 a.m.: An erratic motor

High School on Pond Street,

Office on Ripley Road. Police

reported the area appeared

Grid was notified and shut off

ower. The Water Department

was water in the basement and

the party was fine.

olice arrival.

shut off the water.

going out. An officer reported

COHASSET POLICE/FIRE LOG

Legal Notices

LEGAL NOTICE

Commonwealth of

Massachusetts

The Trial Court

Probate and Family

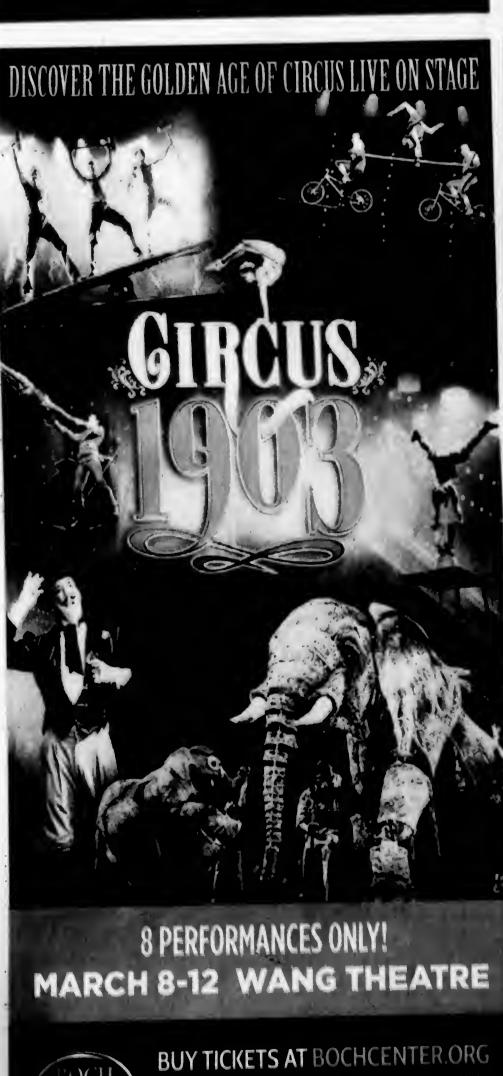
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**BRYANT ESTATE** 



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HARCHITERON PAGE 1871 Get ready to laugh and "Spend the Night with Billy Crystal" at the Wang Theatre March 24.800-982-3000; Bochcenter.org

Connecticut artist Ellen Schiffman decided to fill a shadow box each week with a different fiber work and the result is "Ellen Schiffman: The 52 Box Project," at the Fuller Craft Museum March 25-July 30, 508 588-6000; fullercraft.org

Featuring Newton actress Bobbie Steinbach, 'Goida's Baicony," at the New Repertory Theatre in Watertown, March 25-April 6, follows Golda Meir from her humble beginnings to her meteoric rise to one of the

### APRIL

Experience the percussive dance and music of the Argentine dance company Che Malambo April 1 at the Shubert. 617-482-6661: www.celebrityseries.org

In Underground Railway Theater's "Paradise," a Muslim-American teenager meets with her teacher, a mysterious scientist forced to teach high school biology, creating an unlikely inspired partnership investigating adolescent romantic love. At Central Square Theater, Cambridge April 6-May 7, 617-576-9278 ext. 1; CentralSquareTheater.org.

A viciously funny new take on family drama arrives at the Lyric Stage with "Barbecue." The O'Mallery family is ready for trouble when they bring a Taser along when they gather at a local park to share a meal and set their sister straight. April 7-May 7. 617-585-5685; lyricstage.com

Moonbox Productions presents a dazzling musical about circus legend PT Barnum and his dream to create "The Greatest Show on Earth," April 8-30, at the Boston Center for the Arts. 617-933-8600; www.bostonthe-

"Matisse in the Studio," running April 9-July 9 at the Museum of Fine Arts, Boston examines the importance of the artist's personal collection of objects on his creative process, 617-267-9300; www.mfa.org

Set in 1860s Bangkok, "The King and I" musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and an English schoolteacher. Broadway in Boston brings this Rodgers & Hammerstein musical to the Boston Opera House April 11-23. 800-982-2787; www.BroadwayInBoston.com

Boston Children's Theatre turns to adult material with the emotionally charged drama "One Flew Over the Cuckoo's Nest." Recommended for ages 13 and older,

TUFTS

world's first elected female heads of state and one of the most Influential women in Jewish history. 617-923-8487; newrep.org

The spellbinding, high-flying Broadway musical "Pippin" marches into the Hanover Theatre in Worcester March 30-April 2.877-571-7469; www.thehanovertheatre.org

Friday, January 27, 2017



Argentine dance company Che Maiambo. COURTESY PHOTO/EM WATSON :

t features pre-professional training students from the company's New England Theatre-Works program. April 15-30. 617-424-6634: . . bostonchildrenstheatre.org

A one-man saga starring Thaddeus Phillips, "17 Border Crossings," at Arts Emerson's Paramount Theatre, April 19-29, unpacks a surreal journey that uses the mundane to transport us to very real places: Hungary, Serbia, Morocco, Colombia, Holland, Mexico and more, 617-824-8400; artsemerson.org

Tony Kushner's warm Invocation of hope, "Homebody," lands at Central Square Theater in Cambridge April 20-May 7, starring Underground Railway's artistic director Debra Wise. She's the eccentric agoraphobic housewife who, with only an outdated guidebook of Kabul, grapples with the rich and turbulent history of Afghanistan and the Middle East as she confides her desire to divorce herself from the safe life in London. 617-576-9278 ext. 1; CentralSquareTheater.

In a Boston premiere, "The Gift Horse" by acclaimed playwright Lydia Diamond, we meet Ruth, a successful teacher and artist, who confronts her painful and tumultuous past with the help of her therapist. At the New Rep in Watertown, April 22-May 14. 617-1 923-8487; newrep.org

–Contact arts & entertainment editor Nancy Olesin at 508-626-4446 or nolesin@wickedlocal.com. Follow her on Twitter @WickedLocalArts, or like our Wicked Local Arts Facebook page.

WINNER OF 4 TONY AWARDS BEST MUSICAL REVIVAL RADOLKS & HAMSHIP A. INS "EXCEPTIONAL CAST. THIS PRODUCTION IS A JOY." APRIL 11-23 · BOSTON OPERA HOUSE 800 982 2787 . BroadwayInBoston com MENIE

TRAFFIC SAFETY TIP OF THE WEEK: Inattention, or driving while distracted, remains a common cause of crashes. They are avoidable. This driver swerved off the road into the tree to avoid rear-ending a car that was stopped ahead of waiting to make a left turn. The driver and passenger were injured in this crash. COURTESY PHOTO

### Wednesday. Jan. 18

12:56 a.m.: A fire alarm was reported at a residence on Linden Drive. The reporting party said there was no smoke or fire but she could not get the alarm to stop. 7:32 a.m.: A commercial alarm was reported at Sullivan, Gar-

good passcode. 1:34 a.m.: A suspicious vehicle was reported on Doane Street. The party checked out and was

vehicle operator was reported near Cohasset Junior/Senior reportedly going through bus

lights. The vehicle was gone on police arrival. 9:28 a.m.: A dumpster fire was reported on Old Coach Road. Fire personnel reported a dumpster full of construction material on heavy fire and notified Aquarion that a hydrant would be opened. The fire was

knocked down. 12:01 p.m.: A resident on Jerusalem Road reported that he was having an issue with his neighbor. He stated that he was currently away but was looking at security cameras on his phone and saw three people on his property. Police spoke to landscapers who were working behind the residence, and they stated they were the only ones on scene besides house cleaners who had left earlier. Police secured

12:30 p.m.: A smoke alarm was reported on Jerusalem coad. Fire personnel reported was accidental due to food

139 p.m.: A residential alarm as reported on Bay View ive. Cleaning people were on 5:35 p.m.: A customer ported two male parties at Walgreens on Chief Justice

Dushing Highway trying to get percocet. Police spoke with armacy staff, who reported owner. AAA was on scene, and issues and stated there the vehicle was towed. as an incorrect date on the escription. The prescribing octor was on scene and fixed issue with the prescription. 556 p.m.: A fire alarm was ported on Avalon Drive. locate the vehicle. ersonnel reported no smoke fire. A faulty detector was cated on the third floor.

Thursday, Jan. 19 6:16 a.m.: An officer reported

tion entrance on Chief Justice Cushing Highway not working properly, with the southbound lights staying red. Personnel reported the lights were cycling the homeowner, and police normally. The Department of Public Works was notified.

that a white Lexus sedan he

The caller stated he was on

the wrong side of the road

on Sohier Street, Personnel

reported the vehicle on Chit

tenden Lane unoccupied but

running. Police spoke to the

that a party in a white Volvo

were unable to locate the

11:18 a.m.: A resident reported

egistered owner.

7:11 a.m.: A caller reported a light flickering at the bottom of a light pole on Jerusalem Road. The flashing light was from a rity and Donnelly Insurance bicycle and appeared to have Agency on Depot Court. The alarm company reported a 11:18 a.m.: A caller reported

9:50 a.m.: A residential alarm was tailgating bumped into was reported on Cedar Street. a car on Chittenden Lane. Police reported it was accidentally set off by a real estate

10:52 a.m.: A caller reported an oven smoking badly on Nichols Road. Fire personnel responded, ventilated the kitchen and shut off power to

11:33 a.m.: A motor vehicle took pictures of her house on complaint was made involv-Cushing Lane. She stated that ing a trailer truck blocking a her house had been on the crosswalk on Pond Street. The market but no longer is. The owner stated they would move vehicle left the area. Police 4:34 p.m.: A caller reported a

male party in a red Lincoln at 1:54 p.m.: A caller reported a Stop and Shop Gas Station on large pothole in front of Curtis Chief Justice Cushing High-Liquors on Chief Justice Cushway being rude and unruly ing Highway. Police reported while pumping his gas. Police a couple of large potholes in reported a disagreement the area. The State Highway between the clerk and the Department was notified. customer. 2:38 p.m.: Headquarters 6:53 p.m.: An erratic motor reported a 7-year-old possibly vehicle was reported near home alone on South Main Starbucks on Chief Justice

Street, according to the father. Cushing Highway. The caller An officer reported that the reported seeing the male party child's 15-year-old brother was in a dark-colored sedan in the also home. The father was drive-through take a drunk from a tall can. Police were when the mother got home, so unable to locate the vehicle. there were no issues. Paper-6:20 p.m.: A caller requested a work from court and probate well being check on his mother restricted the father from visiton Forest Avenue because he was unable to get a hold of 3:38 p.m.: Animal control her. Police reported no answer assisted with a hawk on Pond at the front door but the door

unlocked. The party was fine 5:50 p.m.: A caller reported and would call her son. that luggage had fallen out of 9:10 p.m.: A caller reported the back of an SUV on North two vehicles parked at the end Main Street. She piled it up on of his driveway on Atlantic the side of the road but didn't Avenue, Police reported one of know the plate number or the vehicles was disabled and direction of travel. The luggage the other belonged to the same was gone on police arrival.

Friday, Jan. 20 9:41 p.m.: A caller reported a white sedan driving on the 12:57 p.m.: Animal control wrong side of the road on responded to Osgood School on Sohier Street for a report of Forest Avenue at Jerusalem Road. Police were unable to a coyote running around in the area. The animal was gone on

> 2:23 p.m.: A residential alarm was reported on Schofield Road. Police reported the

traffic lights at the MBTA stabuilding appeared secure. 2:48 p.m.: A residential alarm was reported on Forest Avenue. The alarm company

reported it was accidental by

reported the house was

7:37 p.m.: A caller reported multiple cars parked on South Main Street when no one was supposed to be there. A police search of the area was

9:01 p.m.: Fire personnel responded to a motor vehicle accident on Gannett Road in Scituate where a car had hit a

10:37 p.m.: A caller reported almost being hit by a drunk driver in a dark blue pickup truck on Little Harbor Road. The driver had parked and went inside a residence. Police spoke with the resident, and there were no issues.

11:55 p.m.: A two-car motor vehicle accident was reported near the MBCR crossing on North Main Street. No injuries were reported.

### Saturday, Jan. 21

12:03 a.m.: A walk-in reported that she had a mirror-to-mirror motor vehicle accident with a vehicle parked on South Main Street. An officer did a report on the accident and notified the resident.

6:40 a.m.: A hit deer was reported on Beechwood Street on private property. A message was left for deer removal. 10:01 a.m.: An employee at Mobile on Chief Justice

COHASSET - Marie Cather-

ine Macklin, 91, of Cohasset,

died peacefully surrounded by

her family on Jan. 20, 2017, at

Cushing Highway reported they were refusing to pay him. An officer reported it was a current employee who was upset his check was not delivered. He went back to work.

### Sunday, Jan. 22

12:43 p.m.: A caller reported a

male party strung out on drugs

inside Dunkin' Donuts on 3A.

possibly rabid raccoon in her

yard on Grace Drive. She had

out a blue container with a rock

on it. The animal control officer

was notified, the animal was

not safe for officers to handle

in its current location.

1:51 p.m.: A medical alarm

was reported at Cohasset

Junior/Senior High School on

Pond Street from an opened

AED door. Police reported no

medical issues and a possible

battery issue with the AED

cabinet near the gymnasium.

2:33 p.m.: A residential alarm

was reported on North Main

Street. Police found an unse-

cured rear door and checked

2:49 p.m.: A caller reported

hearing gunshots in the area of

Aaron River Road but did not

2:50 p.m.: Smoke alarms

were reported on Forest

Avenue. The homeowner

stated that the shower set off

the alarms, and fire personnel

5:21 p.m.: A caller on Parker

Avenue requested to speak to

an officer about a harassment

incident that had happened

Monday, Jan. 23

5:42 a.m.: A commercial fire

alarm was reported at Fiori's

Gulf Service Station on Chief

tion alarm went off and they

Justice Cushing Highway. Fire

personnel reported the ventila-

would be ventilating and reset-

ting. Personnel were unable to

Thanksgiv-

Germantown, Md.; and sons,

Brian of Anchorage, Alaska,

reset the alarm.

**OBITUARIES** 

Obituaries appearing in this section are paid for and written by families,

often through the services of a funeral director.

Marie C. Macklin

believe it was coming from the

and secured the house.

gun club

The caller stated the party was Canton, MA 02021 at the door greeting everyone (781)830-1200 but could barely talk. The party was reportedly sweating and Docket No. NO17P0081EA walking around, walked out of Fiori's Gulf and got into a CITATION ON PETIcar, then sat next to the car The party was transported to South Shore Hospital. 1:37 p.m.: A caller reported a

FOR FORMAL ADJUDICATION Estate of: Jack D Bryant

**Date of Death:** 12/20/16

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been iled by Vernita W Bryant of Cohasset MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

that: Vernita W Bryant of Cohasset MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administra-

IMPORTANT NOTICE

The Petitioner requests

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 02/15/2017. This is NOT a hearing date, but a deadline by which you must file written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of

UNSUPERVISED **ADMINISTRATION** UNDER THE MASSA-CHUSETTS UNIFORM PROBATE

may be taken without

further notice to you.

Personal Representative appointed under the MUPC in an In Novem- unsupervised administration is not required to file enjoyed an inventory or annual accounts with the Court. Persons interested in the estate are entitled to Chatham, notice regarding the with more administration directly from the Personal members of Representative and may petition the Court in any Marie was predeceased by matter relating to the estate, including the distribution of assets and

Casey, First Justice of this

Register of Probate AD# 13527906

Cohasset Mariner 1/27/17 painting classes well into her Nottingham, N.H.; and nephew, ZBA/99 BORDER ST

LEGAL NOTICE TOWN OF COHASSET ZONING BOARD OF **APPEALS** 

A public hearing will be held at the Town Hall on Tuesday, February 7. 2017 at 7:45 PM to hear and act upon an application for an SPECIAL PER-MIT filed by Adam J. Brodsky, Esq. on behalf of 99 Border Street, LLC. The special permit is to raze and reconstruct an existing nonconforming single family dwelling and attached garage on a law-fully nonconforming lot at 99 Border Street according to the application on file in the Town Clerk's Office. File #17.01.12.

AD#13525716 Cohasset Mariner 1/20.

Whether you're looking for the right job or looking to fill a job Wicked Local Jobs will get the job done



# **PUBLIC SAFETY** How to build an emergency kit

The Massachusetts Emerency Management Agency portance of building an While some items, such ■ Pet food, supplies, tag, crates bottled water, food, a light, radio and extra ■ Prescription medications teries, first aid kit, (two-week supply). nitation items and clothing ■ Extra pair of eyeglasses, conould be in everyone's kit, tact lenses, and dentures. ■ Extra batteries for hearing is important to customaids, wheelchairs or other e kits to meet one's unique medical equipment. eds and those of the ■ Medical oxygen tanks, if mily. Consider adding edications, extra eyeglasses, contact lenses, dentures, xtra batteries for hearing aids, medical equipment, oxygen tanks, children's

ets and service animals, and ny other items that might be clock.

Copies of important docueded during a disaster. ments and IDs. When building your mergency kit, MEMA ommends using the folin case power is out). wing list: Bottled water (1 gallon per

ems, food and supplies for

■ Water purification tablets rson/per day for three days). and household chlorine bleach. Canned goods and non-■ Camp stove or grill (outdoor use only) with fuel or Sterno shable foods, particularly ose that do not need and waterproof matches or Manual can opener. Radio (battery-powered or

and crank), NOAA Weather adio and extra batteries. Flashlight or lantem, with

extra batteries. (Candles are discouraged, as they present a potential danger.) First aid kit. ■ Diapers, wipes, baby food, formula, if needed.

other comfort items. ■Duct tape. ■ Plastic sheeting or tarp.

have expired.

■ Whistle to signal for help. ■ Moist towelettes, garbage bags, soap, sanitizer and other personal hygiene items.

Wrench or pliers to turn off ■ Watch or battery operated

■ Cell phone and charger (also an auto, solar, or crank charger in a clean plastic bag or

■ Change of clothes and sturdy ■ Sleeping bags or blankets. ■ Disposable plates, cups and

for winter, and sunscreen for

ally, for any food, water, Consider also building a mobile "go-bag" version of

■ Seasonal items such as warm clothes, hat and gloves

■Books, games, puzzles and

Check a kit at least annubatteries, or other items that may need to be replaced or

an emergency kit to take in case one needs to evacuate to a shelter or other location. When building a go-bag, remember to include pet supplies, such as collars and leashes, a three-to-five-day supply of food and water, bowls, litter boxes, and a week's supply of medications that a pet may be taking, including instructions (in

case an owner and pet are separated), as well as copies of a pets' vaccinations, medical records and prescriptions waterproof container.

- For more information about MEMA and Emergency Preparedness, go to www.mass.gov/mema.

The Cedars in Portland, Maine. Marie was born May 26, 1925, in Lowell, to Josephine Sheehan Forgays and Harold Forgays. Upon her mother's death, she was raised by Mary Sheehan (aunt) and John Moriarty, among loving aunts and uncles her loving family

in the Irish enclave of Lowell.

She was educated at Lowell husband Theodore in 2006, and High School and graduated sisters Lorraine Forgays Miller from Salem State University in of Nottingham, N.H., and Rita expenses of administra-1947 with a B.S. in Education, Moriarty of Lowell. She is surand later taught at Wilmington vived by daughter, Linda of and Billerica high schools.

In 1950 shemarried Theodore Theodore and wife Debra of Macklin, a clinical psycholo- McLean, Va., Christopher and gist also from Lowell, and settled in Cobasset to raise their Maine: Steven of Cohasset, and

Patrick W McDermott tled in Cohasset to raise their Maine; Steven of Cohasset, and Marie was a member of the nine grandchildren and two Cohasset Art Center since its great-grandchildren. She also early days and loved taking oil leaves niece, Laurel Miller of

70s. She was also a reliable Kim Miller of Pelham, N.H. crew member in mother-son Marie will be interred with sailboat races at the Cohasset Theodore at the Massachusetts She enjoyed travel and visit- All arrangements are under ed Ireland, Italy and France the guidance of Hobbs Funeral and had a memorable trip to Home, 230 Cottage Road, South

National Cemetery in Bourne. Hawaii where Ted, USMC, Portland, Maine. spent time during WWII on

# How to Submit an Obituary to the Weekly Newspapers

To contact our obituary department, please e-mail obits@wickedlocal.com

call 781-433-6905

Fax 781-433-6965

Obituaries for the weekly newspapers are taken at the Randolph office Monday through Friday.

Please Call for Deadline Details

### BUSINESS

# Big changes in store at the Hanover Mall

New owners discuss possibly tearing down some or most of property

By Adam Silva adsilva@wickedlocal.com

With a new owner, there will be changes coming to The Hanover Mall. Big changes.

The mall was sold to the PECO Real Estate Partners (PREP), of Cincinnati, in November 2016 for \$39.5 million from CW Capital Asset Management of Needham. While PREP has not

be going away.

"There's really nothing we can disclose yet as to what we are doing, but we are looking at a large variety of plans," officer Mark Wilhoite. "All of offices." some or most of the mall to be torn down."

The mall's anchor stores nev closed its doors at The Hanover Mall in April 2016.

Until PREP's redevelopment plans are finalized, the mall will stay as it is, with PREP keeping current mall management intact.

The Cincinnati-based company deals primarily with retail development and its stated goal is to purchase properties that are a combination of retail, office space and

The Ranover Mali

released exactly what its plans PECO Real Estate Partners plan on transforming the are for the mall property, the mall into possibly a mixed-use property. This could mall in its current state could include retail, office space and assisted living.

turn the mall into an outdoor that here. Without those Other projects shopping center, but Wilhoite things, you can't get anything said all possibilities are on the done. What we've seen and table, including multi-family heard from the town, I think the first mall project PREP has putting a splash pad across the Fit Club. Taunton's Silver City said PREP chief development housing, assisted living and we have the support. I think been involved with. The Shop-street and tore down an aging Galleria has seen a Round

which will probably require "We're going to let the pretty great with the project. mall that was suffering from seen better days." market dictate that for us," Without those two pieces, some of the same issues The Things are moving along, racetrack added in recent Wilhoite said. That's what we it's very hard to get anything Hanover Mall is currently but not at a quick pace, which years. typically do in these situations. done." Macy's, Walmart and Sears We'll hire some local brokers According to Clarkson, The city of Parma, Ohio is of projects.

> not ruling out any other type bring the project forward. of uses that may go into the "When that project is fin- 14,000 that call Hanover although they should be wrap- one seems positive about the ished, whatever form it takes, it home.

> process to run smoothly, many Route 53," said Clarkson. "I ship with The Shoppes at nearing completion, PREP's factors have to come into play. don't think they've finalized Parma started on his first day purchasing of The Hanover Wilhoite noted that what they want to do yet." in office, when he received a Mall was attractive, as time Hanover Town Manager Troy The project is part of an call alerting him that the next and resources could be allo-know things won't improve Clarkson was a delight to work overlay zoning district, so day Macy's would be announced to it.

change the use of the prop- The Shoppes. "You also have to have a erty from just a mall to "That's how we started add in terms of jobs that will town that supports it," Wil- another type of development 2012," said DeGeeter. "The come to this area," said Wil- - Follow Adam Silva on One possible scenario is to hoite said. "I think we have without changing the zoning, previous owners were walking hoite. "The mall employs a Twitter @AdamSMariner.

spring Town Meeting warrant of Parma was developed after at all." to change zoning to something World War II and a down-

their plans are more defini- concept was built up around them should they need to do drafted. that. There were approved Sharing a common vision plans to put an assisted living for the project is one of the ments, and shopping malls in center on that site. Whether or reasons PREP and Parma general, moving away from

really up to them." There could be mixed use, "It's been a 180 turnaround," with residential and commer-said DeGeeter. "My adminis-ings, such as bowling alleys rial, but that would still have to tration and the city council are and rock climbing walls, are be approved by the Hanover very proud of what we've been moving into empty anchor Planning Board for site plan able to accomplish. They're stores. review even if it's within the still working on it and we've Kingston Collection now

we're going to do something pes at Parma was a shopping pool from the '60s that had

- could stay put, but nothing to help us and we'll look at Hanover officials met with the quite different than Hanover, The Parma project and is concrete, meaning any store the market and see what the PREP representatives to begin though. The suburb of Cleve- Kenwood Town Centre project coming to The Hanover Mall, in the mall could change or best use is for us. It will pre- working together to make sure land is the seventh-largest city in Cincinnati, another project close, Wilhoite said. JCPendoninately be retail, but we're they had the tools they need to in the state and has 81,000 PREP is involved with, are residents versus the nearly going into their fourth years,

In order for the sale of The will return to its rightful place Parma Mayor Timothy J. Wilhoite said because these

according to Clarkson. The away from it and we worked certain amount of people curtown has expressed a willing- really well with the receiver." rently and we don't plan on ness to put a question on the DeGeeter said the majority reducing the number of jobs

well, according to DeGeeter.

ping up soon.

No exact number has been town area was never fully given as to how many jobs "We won't know that until established. A town center will be created, but Clarkson mentioned during a recent tive," said Clarkson. "They the Shoppes and economic Hanover Board of Selectmen's know that we are ready to help development agreements were meeting that it could possibly be in the hundreds.

In many of these redevelopnot they proceed with that is were able to work together so just retail offerings is becoming more common. Restaurants and entertainment offer-

entered into a TIF [tax incresports PiNZ, K1 Speed, Sky ment financing] agreement Zone trampoline park, as well with them. Beyond that core as Billy Beez and two fitness The Hanover Mall is hardly development in the city, we're centers, Fit Factory and Koko 1 bowling alley, a Work Out World gym and Kiddie Kart

> While unable to say directly is often the case for these types what is coming in the future, "alternate experiences" will be

"I've talked to some people within the mall and everychanges," said Hanover Mall Outback Steakhouse man-Hanover Mall and permitting as the commercial anchor of DeGeeter's said his relation-redevelopment projects are ager and Hanover Chamber of Commerce member Jonathan Murgo. "I haven't heard much overnight, but I've heard that with and made the process PREP has the flexibility to ing the closing of its store at "When we redevelop this the people who bought it spemall, there's going to be a net cialize in fixing malls."



# Readers Choice

Ballot Board



I Events & Celebrations 130 King St., Cohasset, MA 02025 SCAPPINI & PINA, P.C.

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Winter Tire Blow Out Sale All Tires \$15 Over Cost Installation Extra And Available



Thanks for voting the South Shore YMCA the 2016 #1 Health Club in Quincy & Hanover.



# The Best in Town | The Best Around



Friday, January 27, 2017

### WE WANT TO KNOW WHO YOUR FAVORITES ARE! Vote for your CHOICE and a chance to win one of these great prizes!

Grand Prize! The Best of the Best One Grand Prize winner will win a Bose Soundlink Bluetooth Speaker II. This water resistant portable speaker lets you connect an enabled cell phone, tablet, or laptop, so you can wirelessly stream your tunes!

# Second Prize

THREE runners-up will each receive a pair of tickets to see Boston's Favorite Baseball Team at a pre-determined regular season game.

### Third Prize

FIVE third prize winners will each receive a Gift Certificate to a local restaurant or entertainment event/venue

### **VOTE TODAY!**

Vote locally. Write in your choice of the BEST in your area for the categories below or vote online at wickedlocalfavorites.com In order to be eligible, each vote must include the town where your choice is located For businesses with more than one location, please indicate the address of your #1 choice. You must vote in at least 10 categories for your votes to be counted. Ballots must be received by Wednesday, February 15, 2017 at 5 p.m. The ballots will be entered and tabulated by an independent data processing firm. Results will be published in a special section inserted into your

newspaper the week of June 26th and and will be available online at wickedlocalfavorites.com







Business/Place Name Town	Business/Place Name Town
Local Shopping	41 Community Bank / Credit Union
1 Men's Clothing Store	42 Insurance Agency
2 Women's Clothing Store	43 Dance School
3 Children's Clothing	44 Gymnastics School
Optical Shop	45 Retirement Living Residence
Shoe Store	Local Elevier
5 Bookstore	Local Flavor
Photography	46 Restaurant For Breakfast
3 Gift Shop	47 Restaurant For Lunch
Jewelry Store	48 Restaurant For Dinner
	49 Fine Dining Restaurant
1 Sporting Goods Store	50 Italian Restaurant
	51 Pizza Place
2 Toy Store	52 Thai Restaurant
3 Pet Services	53 Mexican Restaurant
4 Liquor Store	54 Family Friendly Restaurant
5 Furniture Store	55 Seafood Restaurant
6 Carpet/Flooring Store	56 Chinese Restaurant
7 Appliance Store	57 Sushi Restaurant
8 Home Decorating Store	58 Takeout Restaurant
9 Hardware/Home Improvement Store	59 Steak House
0 Garden Store/Nursery	60 Bakery
21 Consignment Shop	61 Coffee Shop
Local Services	62 Ice Cream Shop
22 Accountant/Financial Planner	63 Butcher Shop/Deli
	64 Fish Market
23 Maid/House Cleaning Service	65 Bar
24 Landscaper	66 Caterer
25 Attorney/Lawyer	
26 Veterinarian/Animal Hospital	Regional Favorites
27 Martial Arts	67 Hospital
28 Hair Salon	68 Wedding Venue
29 Day Spa or Massage	69 Beach
30 Manicure/Pedicure	70 Golf Course
Tanning Salon	71 Museum
32 Health Club/Yoga Studio	72 Place To See Theatre
33 Weight Loss Center	73 Place For Family Entertainment
34 Assisted Living	74 Summer Camp
35 Doctor/Primary Care Physician or Pediatrician	75 Mall
36 Dentist or Dental Office	76 Discount Store
37 Chiropractor	77 Supermarket
38 Daycare/Preschool	78 Car Dealership
39 Dry Cleaner/Tailor	79 Tree Services
40 Auto Service/Repair	80 Home Delivery Oil Company
Auto Service/Repair	NAME
Reminder: You MUST include the	ADDRESS
TOWNS where your choices are located!	CITY STATE ZIP CODE
	PHONE

GUIDELINES (1) No purchase necessary. One entry per person. Must be a resident of Messachusetts. (2) Use original ballot or online beliot only. No reproductions will be accepted. (3) No ballot will be counted without name, address and phone number. (4) All results are final. (5) At least 10 choices must be written in for votes to be counted without name, address and phone number. (9) Winners free GateHouse Media New England. (7) You must be at least 18 years of age to enter. Winners will be notified by phone, mail or email. (8) Any taxes are the responsibility of the winner. (9) Winners free GateHouse Media New England, its agents, affiliates and assigns from any and all liability whistoever including personal injury, property damage or financial ioss incurred while using the Readers Choice Prizes. (10) Each winner gives GateHouse Media New England, permission to publish his/her name, town and ilkeness with regard to the outcome of this crawing. (17) Employees of GateHouse Media New England, Automated Solutions Direct Inc. and their immediate families are not eligible for prizes. (12) Entries become the property of GateHouse Media New England. Not responsible for lost, late or madirected mail or email. (9) Any taxes are the responsibility of the winner. (9) Winners free GateHouse with the accepted by Policy of GateHouse Media New England. Not responsible for lost, late or madirected mail or email. (8) Any taxes are the responsibility of the winner. (9) Winners free GateHouse with the accepted by Policy of GateHouse Media New England. Not responsible for lost, late or madirected mail or email. (8) Any taxes are the responsibility of the winner. (9) Winners free GateHouse with the accepted by Policy of GateHouse Media New England. (9) No taxes are the responsibility of the winner. (9) Winners free GateHouse with the accepted by Policy of GateHouse Media New England. (9) No taxes are the responsibility of the winner. (9) Winners free GateHouse with the accepted by Policy of GateHouse Media New England. (9) No taxe

Mail To: Readers Choice Awards 2017 c/o Automated Solutions Direct Inc., 200 Jefferson Rd Ste 203, Wilmington, MA 01887

HOW TO SUBMIT

# CALENDAR

Event information can be input online by following the directions at the bottom of this page, sent by email to scalendar@wickedlocal.com or sent by fax to 781-837-4543. Listings must be Submitted at least two weeks prior to the event. Photos should be a jpeg with a resolution of at least 200 dpi and no smaller than 3X5 inches in size. For more information call 508-591-6623.

# Atlantic Symphony Orchestra concert Jan. 28 at Thayer Academy Center for the Arts in Braintree

**WHEN**: 7:30 p.m., Saturday, Jan. 28 WHAT: Atlantic Symphony Orchestra concert at Thayer Academy Center for the Arts, 745 Washington St. Braintree

INFO: ASO's mid-winter concert, "ASO Masterworks – After Hours," features masterworks by Haydn and Mozart. commentary by maestro Jin Kim (pictured) and a post-concert party with the musicians. Tickets \$20-\$45. For Information: 781-331-3600. www.atlanticsymphony.org.



in January, James Library

& Center for the Arts, 24

West St., Norwell. Four-day

interactive fine art series

artists ages 8 to 14. Stu-

dents will create a book of

gelatin prints, collages and

of the series, some of their

February. \$20 for a single

four-day series. Fee covers

all art supplies. For informa-

p.m., Inn at Silver Lake, 21

Burke is a singer and come-

dian who performs comedy

and cabaret shows through-

information: 781-585-4101.

Relay For Life prom: 6-10

out Massachusetts. For

Standish Blvd., Taunton.

learn about the American

fundraising event in their

communities, register a

Cancer Society's signature

team for their local relay, as

well as enjoy dancing, appe-

Wildlife Sanctuary, 2000

omy enthusiast Peter Reed

will lead the program. Tele-

scope, binoculars and hot

cocoa provided. For adults

and families with children

ages 10 and up. \$13/\$10

member, Preregister, For

information: 781-837-9400,

ext. 7902, www.massaudu-

bon.org/southshore.

Dinner theater: John

Carver Inn, 25 Summer

open at 7 p.m. Dinner and

show \$59.99 per person.

Show-only: \$25. For infor-

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packages/dinner-theater-

comedy-mystery-music-

All Star Night of Jazz:

comedians.

more. Tonight: "Comedy on

the Road" featuring standup

7:30 p.m., James Library, 24

West St., Norwell. Featuring

musicians Laszlo Gardony

drums, John Lockwood on

saxophone, plus a surprise

adults, \$22 seniors and \$10

for students. For informa-

tion: 781-659-7100, www.

ASO Masterworks -

After hours: 7:30 p.m.,

Thayer Academy Center

winter concert features

masterworks by Haydn

and Mozart, commentary

for the Arts, 745 Washing-

ton St., Braintree. Atlantic

Symphony Orchestra's mid-

jameslibrary.org.

guest. Tickets are \$25

on piano, Yoron Israel on

mation: 508-591-8206.

St., Plymouth. Doors

Guests will be able to

Chipman Way, Kingston.

tion: 781-659-7100, www.

class, \$75 for the entire

led by two artists, for youth



# Jazz concert Jan. 28 at James Library in Norwell

day, Jan. 28 WHAT: Jazz concert at James Library in Norwell INFO: All Star Night o at the James Library, 24



For Information: 781-659-7100, www.jameslibrary.org.

# Mutts Gone Nuts show Jan. 29 at Company Theatre in Norwell

WHEN: noon and 3 p.m., WHAT: Mutts Gone Nuts show at Company Theatre in Norwell INFO: Mutts Gone Nuts: Company Theatre, 30 Accord Park Drive, Norwell. Meet Scott and Joan Houghton and their highflying Frisbee dogs, tight wire dogs, dancing dogs.



magic dogs and Sammie the Talking Dog. Tickets \$15. For Information: 781-871-2787, www.companytheatre.

### CALENDAR

Send your event information by email to scalendar@wickedlocal. com. Listings information must be submitted at least two weeks prior to the event. Please include the time, date, location, street address and town of the event. If possible, provide a works will be displayed at contact phone number and the James for the month of

### Friday, Jan. 27 **Church Hill Coffeehouse:**

7:30 p.m., United Methodist Church Fellowship Center, 11 Church St., Norwell, Featured performers are Katy Boc and Todd Nickerson of Sparrow Blue playing fiddle and acoustic guitar. Coffee, beverages, homemade desserts for purchase Admission \$10. For information: 781-826-4763.

High Hopes Band: 8 p.m. Next Page Cafe, 550 Broad St., Weymouth. For information: 781-340-1300, thenextpagecafe.com.

## Saturday, Jan. 28 Owls and Omelets: 5:45-8

tizers, a silent auction and a.m., North River Wildlife much more. Tickets are \$50 Sanctuary, 2000 Main St., per person and the donation Marshfield. Seek out the can be made directly to your event or personal fundrals. horned owls, explore owl ing efforts. RSVP is required. adaptations, then enjoy full Contact Brittney Toth. For breakfast indoors at 7 a.m. information: 508-897-4329. \$30/\$25 member adult brittney.toth@cancer.org. per session. Preregister. For information: 781-837-9400, Stargazing - Jeweis of the ext. 7902, www.massaudu-Night: 7-9 p.m., North River bon.org/southshore.

Open house: 10 a.m. to 1 p.m., New School St., Pembroke, If you know of an adult with intellectual or developmental disabilities who could benefit from the quality of programs offered at New England Village. encourage them to attend and to tour one of the residential homes. To register for the open house, contact Christina Danielson: 781-293-5461, ext. 138.

Rug Braiding Series: 10:30 a.m. to 12:30 p.m., Jan. 21, 28, Feb. 4, Soule Homestead, 46 Soule St., Middleborough. All levels welcome. New students must attend first workshop. Everyone should take scissors, needles, thread, and wool materials (wool is available to purchase). Preregistration required. Each workshop: \$10 member, \$15 non-member (\$5 for students returning from past workshops). For information: 508-947-6744, www. soulehomestead.org.

Holly Hill Winter Farm Stand: 11 a.m. to noon, Holly Hill Farm, 236 Jerusalem Road, Cohasset. A product and price list with info on pre-ordering can be obtained by emailing Meaghan.swetish@ brownboarfarm.com. For information: 781-383-6565. www.hollyhillfarm.org.

**Creative Kids Art Classes:** 11 a.m. to 1 p.m., Saturdays

by maestro Jin Kim and a

fish print T-shirts. At the end house, 45 Webster St., Rockland, Winners of the award, the Page Turners Howard) play bluegrass, under are free. The show Bill Burke to perform: 3.15 starts at 7:30 pm. Between sets by the band, there will be an open mike. For

St., Weymouth. For infor mation: 781-340-1300, p.m., Holiday Inn, 700 Myles thenextpagecafe.com.

> Quan's Kitchen, 871 Washington St., Hanover. Host Todd Clay with comedians Harrison Stebbins, Joe Kringdon, Miguel Perez and Annette. Charge is \$20 cash. Reserve early. For information: 781-826-8868.

# Sunday, Jan. 29

2 p.m., St. Jerome School, 598 Bridge St., N. Weythrough grade 8. For inforstjeromeschoolweymouth. Main St., Marshfield. Astron-

> Mutts Gone Nuts: noon and 3 p.m., Company Theatre, 30 Accord Park Drive, Norwell. Meet Scott and Joan Houghton and their high flying Frisbee ing dogs, magic dogs and Sammie the Talking Dog.

Art exhibit reception: 1-3 p.m., North River Wildlife Sanctuary, 2000 Main St., Marshfield, Kindred

Open house: 1-3 p.m., bass and Stan Strickland on ton. Open house at both the Early Childhood Center at 251 Bishops Highway, and the Elementary School at 329 Bishops Highway. The private, Catholic coed school is for students in information: 781-585-7511,

Author talk: 2-4 p.m., Dux-

post-concert party with the musicians. Tickets \$20-\$45. For information: symphony.org.

information: www.theblue mooncoffeehouse.com.

mouth. The school provides education for children age 3 mation: 781-335-1235, www.

dogs, tight wire dogs, danc-781-871-2787, www.companytheatre.com.

Spirits Down the Path - A Family Art Exhibit, will be on display through February and feature the work of seven artists. February office hours are 9 a.m. to 4 p.m. weekdays. For information: 781-837-9400, ext, 7902. www.massaudubon.org/ southshore.

ext. 338, www.sacredheartkingston.com.

Follow the instructions to fill out the event form, and click "Submit Event."

Wednesday the week prior to the print

781-331-3600, www.atlantic-

2016 Freshgrass Best Duo (Carolyn Kendrick and Jake old time country, swing and roots music. Tickets are \$10 at the door; children 12 and

Comedy show: 9 p.m.,

Tickets \$15. For information:

Sacred Heart School, Kingspreschool through grade 12. Tour the facilities and meet and speak with faculty, staff members and students. For

bury Free Library, 77 Alden

The Page Turners: 7:30 p.m., Blue Moon Coffee-

Bald Waiter Band: 8 p.m. Next Page Cafe, 550 Broad

Open house: 11:30 a.m. to

Awards presentation: 4-6

Rockland. Presentation of awards to the winners of the fourth annual Photography Show, "Through My Eyes." Light refreshments will be served. For information: kmanning328@verizon.net.

Piav auditions: 7-10 p.m.. West Main St., Norton. Norton Singers will hold

Norton Media Center, 184 West Main St., Norton. Norton Singers will hold auditions for "Young Frankenstein," Callbacks Feb. 2. a ballad and an up-tempo Email Sharon Silberman name and phone number Auditions" in your email subject line. Walk-ins are also welcome.

Wednesday, Feb. 1

**Duxbury Camera Club** meeting: 7 p.m., Duxbury Free Library, 77 Alden St. Duxbury. This month's speaker will be Lance known for his nocturnal images. His book, "Night eraclub.org.

### Thursday, Feb. 2 Student art exhibit: Feb.

2-26, Front Street Art Gallery, 124 Front St., Scituate Harbor. View the annual Scituate High School art exhibit, hosted by the Scituate Arts Association. A First Friday reception for the students, families and friends will be held from 6 to 8 p.m. Feb. 3 (snow date 2-5 p.m. Feb. 5). The public is welcome to attend and

St., Duxbury. Boston Globe writer Bob Knox presents "Suosso's Lane," a compel ling tale with relevance to

today's political issues. The novel is set mostly in Plymouth and chronicles the famous and infamous Sacco-Vanzetti case. This program is co-sponsored by Westwinds Bookshop, which will have books available for purchase and signing. Registration is required. For information: 781-934-2721, www.duxburyfreelibrary.org.

p.m., Gallery 4, E.T. Wright Building, 39 Liberty St.,

Norton Media Center, 184 auditions for "Young Frankenstein" today and tomorrow. Callbacks Feb. 2. Prepare 16-32 bars each of a ballad and an up-tempo song and take sheet music Email Sharon Silberman at spoohs@aol.com for an appointment, Include your name and phone number and put "Young Frankenstein Auditions" in your email subject line. Walk-ins are also welcome.

### Tuesday, Jan. 31

Play auditions: 7-10 p.m.. Prepare 16-32 bars each of song and take sheet music. at spoohs@aol.com for an appointment. Include your and put "Young Frankenstein

Keimig, a Massachusetts based photographer best Photography-Finding Your Way in the Dark," was published in August of 2010. For information: duxburycam-

vote for a favorite piece. For

Arts Center, 684 Purchase St., New Bedford, Simple, old-fashioned storytelling by five wildly divergent raconteurs who develop and shape their stories with the assistance from The Moth's directors. Tickets \$29, \$35, \$45. For information: 508-994-2900, www.zeiterion.

plays harp with the Willie J. Laws Band: 8 p.m., Next Page Cafe, 550 Broad St., Weymouth. Followed by open mic with Willie J. Laws Jr. Jammers invited and welcome. Free pizza. For information: 781-340-1300, thenextpagecafe.com.

www.zeiterion.org.

brew.com.

www.frontstartgallery.com. The Moth Mainstage: 7:30

information: 781-545-6150,

p.m., Zeiterion Performing

Diane Blue sings and Fire and Rain: 8 p.m., Com-

# Monday, Jan. 30 Friday, Feb. 3

Elvis Lives: 8 p.m., Zeiterion Performing Arts Center, 684 Purchase St., New Bedford. Multi-media and live musical journey across Elvis' life featuring winners from Elvis Presley Enterprises' annual worldwide Ultimate Elvis Tribute Artist Contest. Each singer represents Elvis during different stages in his career. Also featuring live band. Dack-up singers and dancers, along with an Ann-Margret tribute artist. Tickets: \$37, \$45, \$55. For information: 508-994-2900,

Tunefui Brew Coffeehouse: 8-10 p.m., First Parish Church, Harvey Assembly Hall, 842 Tremont St., Duxbury. Open mic 8-9 followed by featured performer, singer songwriter

Jay Psaros. Admission is \$10 at the door, children 12 and under admitted free. Homemade baked goods, a variety of tea and coffee are available; donations are greatly appreciated. For information: tunefulbrew@ gmail.com, www.tuneful-

Ghost Train: 8 p.m., Next Page Cafe, 550 Broad St.. Weymouth. For information: 781-340-1300, thenextpagecafe.com. For information: 781-340-1300, thenextpagecafe.com.

# Saturday, Feb. 4

Art exhibit: Feb. 4-March 3. Clemens Gallery, Hingham Public Library, 66 Leavitt St., Hingham. "By the Sea," paintings by Kathleen Dunn, were inspired by walks along the beach. Reception 1-3 p.m. Feb. 11. For information: www.hinghamlibrary.org.

Italian Pop Songs: 2 p.m., Ventress Memorial Library, 15 Library Plaza, Marshfield. John Murelle, baritone, and the John Salerno Trio will perform "That's Amore: Italian Pop Songs." Free and open to the public; no tickets required. Light refreshments served at a post-concert social hour. For information: 781-834-5535, www.ventresslibrary.org.

Dinner theater: John Carver Inn, 25 Summer 508-830-4230. St., Plymouth. Doors

and show \$59.99 per person. Show only: \$25. For information: 508-591 8206, www.johncarverinn. com/packages/dinnertheater-comedy-mystery-

music-more. Tonight:

South Shore Folk Music

"Shipwrecked."

Club: 8 p.m., Beal House, 222 Main St., Kingston. Con cert by singer-songwriter Bill Motte, with female duo Ali & Bongos to open. Doors open at 7:30 p.m. Members \$18. non-members \$20. Advance tickets are available from www.brownpapertickets. com/event/2600723. For information: www.ssfmc.org

pany Theatre, 30 Accord Park Drive, Norwell. The Company Theatre's 2017 Special Events series will present a tribute concert by Dave Binder, performing James Taylor's most memorable music. Binder has spent 32 years touring performing more than 3,200 shows. Tickets are \$26. For information: 781-871-2787,

Gun Powder & Lead: 8 p.m., Next Page Cafe, 550 Broad St., Weymouth. For information: 781-340-1300.

www.companytheatre.com

### Monday, Feb. 6 NAMI caregivers support group: 6-7:30 p.m., Vin-

fen's office, 5 Finnell Drive, Weymouth, presented by National Alliance on Mental Illness. A caregivers support group for those who have loved ones living with mental illness. Facilitators guide the group offering advice and support. Group meets the first and third Monday each month (except legal holidays meet on Tuesday following holiday). For information: namisouthshore@gmail.

7 p.m., Grove Manor, 160 Grove St, rear building. Braintree. Event presented by Italian-American Cultural Organization of the South Shore. See "Big Night," a 1996 drama/romance. A failing Italian restaurant is run by two Italian brothers who gamble on a special night to try to save their business. It looks like it's about Italian food but actually about the . search for the American dream, struggles and conflict of the Italian immigrant. General public and visitors are welcome. Refreshments will be served. For informa-

IACO Italian movie night:

Tuesday, Feb. 7 New England Village's **Memory Café: 12:30-2** p.m., Plymouth Center for Active Living, 44 Nook Road.

tion: www.southshoreiaco.

Plymouth. For individuals with memory issues. This month's social event will include fun and games with Kim Lowman. Meet other seniors and have some fun. Refreshments will be served. No charge. To register, call Beth Hadfield at

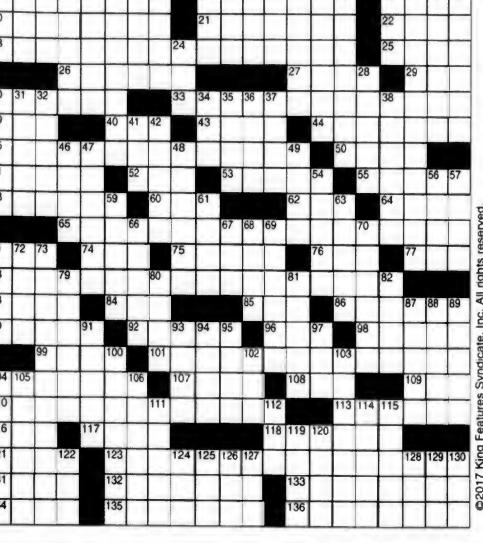
# IT ONLY TAKES A SPARK.

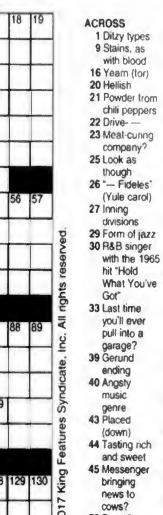




# **PUZZLES**

# Crossword • FOR FANS OF GORE









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64 Crott of video 109 Paver's goo

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52 Lance of the

O.J trial

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60 Ger 's home

62 Stephen of

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65 "The Calcher

in the Rye"

71 Old crone

76 Geller of

psychic acts

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snake

108 Co. suil

110 Shoes

121 Edison's

123 Piece

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Domestic

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Springstee

133 #t Bruce

107 Russian city

worn in the

Sahara?

'leam spiril

7 Dogs' jinglers 54 Boost 100 Entrapments 8 ATM leature 56 Flight staft in lies, e.g 102 In bad health 9 Cold dessert 57 Tortoise nva 10 Scratch, e.g. 59 Novelisi 11 Oft - mile 12 On Social 104 Financial co 61 Casino city for which 13 With 50-63 'That's the Boston (film-set cry) Across Celtics' workers 66 Greek Is arena is advocates. 67 Sleep cycle named for short 105 Cornic 14 Sufficient 68 Old last

46 Warlike god

48 Puma

49 Be worthy

42 Many a time 91 "Smash" star

93 A noble gas

94 Egghead

95 Brain gain

97 "Farewell!

2 fix (sluck)

3 Eagles' org

counterpart

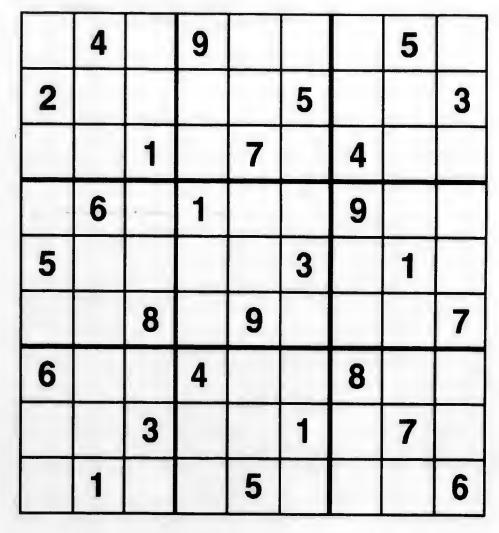
6 Added on

5 Groom's

15 Summoned fliers, briefly 16 °- true!" 69 People who 106 On dry land aren't you 17 Nickname 111 Done to of Boston's (well-cooked challenge 112 NBC texture 18 Louisiana 71 I-beam since '75 cuisine style relative 114 Plant life 19 Like camels 72 River in 115 Tune's tex 24 Liveliness Switzerlan 119 1999 Ror 28 Bone-to-73 Gives short muscle joiner shoft to 120 Feel sore 30 Holy war 79 "Well, 122 Noted coact 31 Bridge bid. Parseghian 80 Man-goal 124 Family gal 32 While heron 125 A Gabor 34 Styled after 81 Computer 126 Riled, with

35 Some vermin lhe 1940s 136 Blood vessel 36 Chanteuse 82 N Mex. 127 Keats before 37 Sit in neutral 1912 128 A Gardne 38 Language for 87 Calf catcher 129 O T. book a Sherpa 41 Me, to Gigi

# Sudoku



Level: HOO BOY!

# Here's How It Works:

**Sudoku** puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# Magic Maze • ONE-WORD NAMES: MEN

Eartha

KKHDAXURPMRJGDA XVSQNKIFDAEXVTL QOMBJOHSFCLAYOW URPONLTEJHLFPDB ZXVNTIRSCTEORQO (GERONIMO)INTMKIH FDBGAEHYIRIZYWV TRQTNONOABHRLKI HELEPFDHRNACPCA ZONRAKUSXINFWVU V S R Q O S N O T I H I K A M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Prince

Geronimo

Bono Hirohito Sting Voltaire Christo Nenê Yanni Suharto Fabio Pelé Sukarno ©2017 King Features Syndicate, Inc. All rights reserved.

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### HOROSCOPE

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# Salome's Stars

ARIES (March 21 to April 19) The you need to do is tap into it, and you'll your aims and, perhaps, come up with changes you've waited to see in your be able to handle any change that must a new target. work situation might not be happening be made regarding that recent surprise CAPRICORN (December 22 to Januquite as quickly as you'd hoped. Al- development. though the pace is slow, it's ongoing. VIRGO (August 23 to September 22) you to work out those newly emerged Expect to hear news soon.

close to reaching your objectives. have to go it alone: Someone else is you really want. That's the good news. But be careful: asking to help share your responsibili- PISCES (February 19 to March 20) Your aspects show lots of potential disties. Let it happen.

keep your eyes fixed on your goals. ists. What you might believe is an act of made to others and yourself. misunderstanding.

ary 19) Your nimble will finds a way for

should be feeling very proud of the fine Be as temperate as you can with your worth your efforts. effort you've made to get that impor- comments and avoid arguments for AQUARIUS (January 20 to February tant project done. Now take some time the sake of controversy. out to celebrate with family and friends. LIBRA (September 23 to October 22) ing to decide which new opportunity A longtime family problem presents you should follow. Best advice: Check GEMINI (May 21 to June 20) You're new demands. But this time, you won't them all out and see which offers what

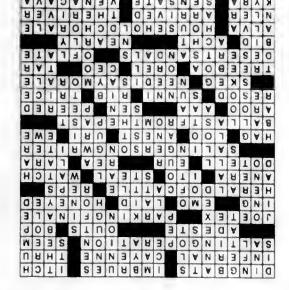
21) A period of feeling vulnerable is that never seemed quite right. Some CANCER (June 21 to July 22) Be care- about to give way to a stronger, more facts will soon emerge that can help ful not to let that suspicious Cancerian self-confident aspect. Use this new you make a decision. mind create a problem where none ex- strength to reaffirm promises you've BORN THIS WEEK: You're a natural-

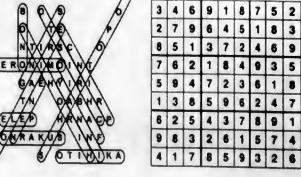
The need to watch what you say be-problems plaguing your new project. TAURUS (April 20 to May 20) You comes increasingly crucial this week. Stay with it. The results will be well 18) You might feel overwhelmed at hav-

Continue to tread water before you tractions looming. Stay focused and SCORPIO (October 23 to November even consider plunging into something

born peacemaker. You value truth and betrayal could be nothing more than a SAGITTARIUS (November 22 to Dehave little patience with those who lie to cember 21) A creative dilemma stalls you for their own purposes.

### SOLUTIONS







### To see the full list of events, just click on site. Scroll down and select "Calendar." "More Events" on the website. Bookmark that page for later. The deadline to submit is 5 p.m.

HOW TO SUBMIT YOUR CALENDAR EVENT

Register or, if you've visited before, log in. Then click on "Add Event" at the publication.

Want to see your event listed in the print

Visit our website homepage and open "Sections" in the top left corner of the

and online calendars? Here's how:

# LEO (July 23 to August 22) Your Lion's your progress. Instead of letting it raise heart overflows with self-confidence. All your ire, use the time to re-examine (c) 2017 King Features Synd., Inc.